



ENFIELD THRIVES TOGETHER

UPDATE

The work of Enfield Thrives Together continues. We are an emerging group of services and organisations who regularly come together to connect, hear what each other are doing now, reflect on arising issues and prepare for the future challenges together so that we can support Enfield School Communities through COVID-19.

In this edition you will find:

- Updates from:
CAMHS, Domestic Abuse Helpline, Secondary Behaviour Support Service,
Educational Psychology Service & HEART
- On line wellbeing support and information
- A list of all services and organisations currently part of the Enfield Thrives Together network

Let us know about areas that you would like more information or support by e-mailing eps-sews@enfield.gov.uk

Suzy Francis

Principal Educational Psychologist / Strategic Lead for Emotional Wellbeing & Mental Health

Information and Resources

The team are continuing to develop Health and Wellbeing Information & Resources. These are uploaded onto the [School's Hub](#). They are for sharing with your staff and parents.

Information Flyers:

COVID 19 Info for Children
Wellbeing Support
Children Staying at Home
Children Going School
EASA Parent Newsletter
(April—May 2020)

Support Booklets:

Supporting Parents
Supporting Secondary-aged Children
Supporting Primary-aged Children
Supporting Children Of Key Workers (new)
Bereavement (new)
Sharing Difficult News (new)



Teacher resilience during
coronavirus school closures



Enfield CAMHS

Our service opening hours and contact arrangements are all operating as normal during the pandemic. We have a staff presence at our sites Mon-Fri 9-5, with enhanced crisis/on-call arrangements, including out of hours. We have had to shift some of our priorities to respond to current events, and so our primary focus at this time is on maintaining essential services for those children, young people and families who most need our care. Staff are providing face-to-face appointments in person to clients where this is urgent and essential. In the main we are delivering services using telephone or digital solutions. The service is now using Attend Anywhere, an NHS-procured video-therapy platform specifically developed for the health sector.

In recent weeks we have been focussed on developing a robust crisis care pathway, in order to divert children and young people from A&E and acute hospitals and to accommodate the reduced paediatric bed capacity due to COVID-19. This pathway includes:

- **Duty line for professionals.** This is for any professionals to call where there are concerns about children and young people who are experiencing a mental health related crisis and do not require medical input
 - Mon-Fri 09:00 – 17:00 call Enfield CAMHS: **020 8702 4070**
 - Sat-Sun & BH 09:00 – 00:00 call NCL CAMHS Crisis Team: **020 3758 2056**
 - If suspicion of overdose & serious self-harm requiring medical treatment the normal protocol applies i.e. advise child/young person/parent to go to A&E
 - **Crisis helpline.** Children, young people and families can call this number to get support or advice 24/7: **0300 0200 500**

Community Crisis Hub at Edgware Hospital providing urgent mental health assessments diverting from A&E/acute hospitals. Hub hours are 09.00-22.30 Mon-Fri

Enfield CAMHS continues to work closely with local partners to share and review plans, and to support new developments across the borough. Increasingly we are turning our attention to how we can modify our service offer to best provide for children, young people and families during the post-lockdown phase.

NEW Enfield Domestic Abuse Hub and Free-phone Helpline

CALL US

If you're worried about yourself
or someone else

FREE PHONE

0800 923 9009

Domestic Abuse – Help and Support



Go Live 1st May 2020

Both the Hub and the Helpline are operational 9am – 5pm Monday to Friday

Always dial 999 if an ambulance or Police are required.

Your school and organisation can help to support those in need of help by promoting the helpline.

Free Phone [0800 923 9009](tel:08009239009)

Key messages are:

- In a relationship, violence, threats and controlling behaviour are all signs of domestic abuse. Don't be afraid to call us for help and support. Domestic abuse is a crime.
- We know this is a worrying and difficult time for everyone – but particularly so for adults and children living with abuse. If you are currently experiencing or have experienced domestic abuse, call us, we are here to help you. Domestic abuse is not okay and is a crime.
- The Domestic abuse Hub will provide a multi-agency response to anyone fleeing domestic abuse. There will be a dedicated free telephone number and a specialist team to ensure no one is turned away and support is there for anyone in need.
- Domestic abuse remains a hidden problem in our society which has a massive impact on those effected and their families. Domestic abuse happens across all communities, faiths and cultures. Don't be afraid to report it. Call us.
- We would like to reassure you that we will be doing all that we can to support you during this challenging time now and in the future. Call us, domestic abuse is a crime.
- Being in isolation doesn't mean you're on your own. We can support you
[#enfieldCallUs](https://twitter.com/enfieldCallUs)

Secondary Behaviour Support Service

Outreach

- Mentors go into secondary schools providing 1:1 support and group work on various topics. Support last 12 weeks, group work over 6 weeks.
- Over 100 learners across 3 mentors are supported over the academic year
- Learners with a mixed variety of needs, CIN, CP, early intervention, risk of PEX
- Works across all 19 Secondary schools
- Main aim is to reduce permanent exclusions. Mentors also support managed move option to have a fresh start in a new school.
- Some have key workers and have CiN or CP.
- Contact continuing through Covid-19.
- Team are also contacting vulnerable residents as part of Enfield Stands Together.

Alternative Provision (AP)

- Main bulk of referrals usually year 9 to year 11 but referrals are taken from Year 7 – 11., these YP showing signs of not coping in school, risk of PEX, behaviour difficulties etc
- Some learners have been removed from school by parent/carer and placed in AP through admissions, some are out of borough referrals, others need EAL provision, others are Enfield school referrals, others have EHCP, others are LAC
- APs are privately run Ofsted regulated educational centres.

- APs have fewer children and access a different curriculum but many still offer GCSE options. APs are in Enfield and outside of borough.
- This academic year, around 75 young people are attending APs.
- All 75 learners are contacted weekly or biweekly depending on need.
- Through Covid-19, all APs are running in some form (open or supporting learners remotely)

REACH

Reach is based on Bury Street, Edmonton in the old Newbury tuition centre building.

- REACH take on a cohort each term, throughout the academic year, year 9 only
- Referrals are made to Anya by Enfield schools
- Early intervention is made, their current curriculum still supported at REACH with teachers, PSHE worked on
- these learners go back into their schools after their term at REACH is complete
- REACH staff support these YP in their schools for 3 weeks after they finish REACH programme
- Aim is to reengage them to mainstream, stop PEX and improve their behaviour/engagement at school

HEART—Update

Looked after Children are supported by the HEART team managed by the Head of Corporate Parenting and Head of the Virtual School. The HEART team consists of a CAMHS team which has a child psychiatrist, a clinical psychologist, a child psychotherapist and a family psychotherapist and the Virtual School which includes teachers, an educational psychologist and a speech & language therapist.

At present, every member of the Virtual School are contacting foster carers on a weekly basis to support them with education.

The speech & language therapist is phoning and suggesting bespoke packages for those with speech & language needs.

The Educational Psychologist is speaking to foster carers about education and supporting them with strategies for those with special needs.

Also SWs and members of the HEART team are escalating any mental health issues to the LAC CAMHS team who are phoning and supporting them.

Educational Psychology Service

Enfield EPS is delivering services through telephone/digital solutions to provide:

- Psychological advice for EHC needs assessments and continues to work to the statutory timescales.
- Psychological involvement for annual reviews of EHCPs.
- Psychological involvement for SENDIST tribunals.
- An Early Years Educational Psychology Service.
- Educational Psychological input through services via service level agreements, e.g. Enfield Advisory Service for Autism, Youth Offending Unit, Behaviour Support Services, HEART.

School Community Educational Psychology Offer: COVID-19

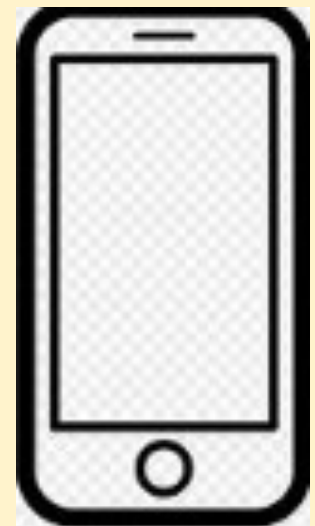
Telephone Support Lines

Enfield's Educational Psychology Service is offering a telephone consultation service to support parent/carers and our colleagues working in schools and settings during the COVID-19 pandemic .

It is available 5 days a week from 10am to 9pm. Links to online request forms below

Parents/carers - [LINK](#)

Education Staff - [LINK](#)



- **Workshops /reflective sessions** for Head Teachers, Senior Leadership teams, School Governors and SENCOs.
- **Webinars** for school staff and parents/carers on specific areas of concern and interest (in planning)
- **Critical Incident Response** as requested by schools/settings.

On-line Wellbeing Support and information

Healthy London Partnerships have developed the digital wellbeing website. Coronavirus content is published and continues to be developed.

- 32 articles
- 7 blogs
- 16 podcasts
- Since 22/3/20 there has been a 203% increase in sessions and a 196% increase in new users to Good Thinking compared to the monthly average of the previous three months



<https://www.good-thinking.uk/>

<http://www.good-thinking.uk/coronavirus/>

Kooth launched across **Enfield on 1st April** to provide online mental health and wellbeing support to young people via any internet accessible device.

Kooth provides an opportunity to interact in a supportive way with other young people as well as receive support from a qualified counsellor.

Need to talk?

Free and anonymous
online support for
young people 365
days a year

kooth

<https://www.kooth.com/>



ENFIELD
THRIVES TOGETHER

The Emerging Virtual Team

Enfield's Specialist Nursing Play & Bereavement Service	Place 2 Be
CAMHS	Public Health Enfield
Childrens and Young People's Service	Secondary BSS
Children's Centres	School Representative—Special
Early Help	School Representative - Primary
Educational Psychology Service & Schools Emotional Wellbeing Service	School Representative—Secondary
Enfield Advisory Service for Autism	Schools HR
Health Watch—Enfield	School and Early Years Improvement Service
HEART	STAY
Joint Service for Disabled Children	SWERRL (Primary Behaviour Support Service)
LBE Commissioning	SEN Services
Mental Health Support Teams (CAMHS)	Xenzone—Kooth
North Central London CCG (Enfield)	Youth Offending Unit
Our Voice Parent/Carer Forum	Youth Services