



ENFIELD

THRIVES TOGETHER

UPDATE

The work of Enfield Thrives Together continues. Our network grows each week and meets on a fortnightly basis on MS Teams. This has become a helpful way for partners to regularly to connect, hear about a range of service offers, reflect and act on arising issues and prepare for the future challenges together so that we can collaboratively support Enfield School Communities through COVID-19. We now have a membership of **over 50 partners** with representation from parents/carers, primary, secondary, special school and colleges. In a recent survey, here are some words that partners used to summarise their experience of the network meeting: *'collaborative', 'wide reaching', 'unifying', 'inclusive', 'informative', 'sharing best practice', 'useful', 'supportive', 'enlightening', 'humbling', 'relevant', 'inspiring' and 'timely'*. E-mail me directly if you would like to be sent a regular invitation.

In this edition we have several contributions from the Enfield Thrives Together Network:

- The Year 6 Children of Brettenham Primary School
- West Lea School
- Our Voice Parent/Carer Forum
- Kooth
- Youth Development Services
- Youth Offending Service
- Prevent
- SWERRL (Primary Behaviour Support Service)
- EPS Family Telephone Support Line

Also

- Information and Resources produced by Enfield Thrives Together and by the British Psychological Society
- On line wellbeing support and information
- A list of all services and organisations currently part of the Enfield Thrives Together network

Suzy Francis

Principal Educational Psychologist / Strategic Lead for Children & Young People's Emotional Wellbeing & Mental Health

suzy.francis@enfield.gov.uk



Brettenham Primary School

Views from children in Year 6 at Brettenham Primary School about being back in school

The past ~~to~~ few weeks that we've come back to school, I have really liked it. The teachers have been trying hard to protect us and ^{to} keep us calm.

I enjoy coming back to school because it is nice to see my friends after such a long period of time. And I like doing the safe and fun activities the teachers have planned for us. I also appreciate the effort the ~~see~~ staff have put in to make bubbles to keep us safe in this ~~chaorous~~ time. And

This Covid 19 has scattered the world, but the teachers in this school have kept it together and we are slowly climbing back.

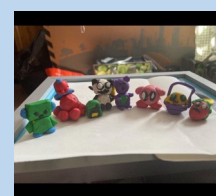
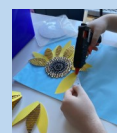
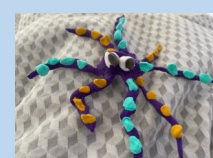
It is really exiting coming back to school after a long period of time and being able to see my friends again.

West Lea Update

It has been so inspiring watching the way that colleagues have responded to the challenges of maintaining contact with students and families during the pandemic through regular phone contact and adapting to virtual teaching and learning.



Students have continued to develop their Learning for Life skills through virtual activities such as art challenges, virtual lunches, cookery sessions, circle time and Kahoot quizzes.



Speech and Language therapists have continued to maintain contact with students and have supported families who have faced challenges while shielding at home. This has ensured that all members of our community have felt included whether working from home or attending our onsite provision, where we have continued to offer a range of learning activities including a very successful socially distanced VE Day street party.



Feedback from our families is that students can't wait to return in September and we are currently working hard to finalise arrangements to welcome our West Lea family safely back in September.



Our Voice update for Enfield Thrives Together

Our Voice is the recognised Parent/Carer Forum for the Borough of Enfield - a voluntary, parent led organisation supporting families with children who have a Special Educational Need and/or Disability, aged 0-25.

We aim to improve services for our families in Enfield by collaborating with the Local Authority and Health, as well as local and national Voluntary Sector Organisations and Schools. We are funded by the Department for Education via Contact (a national charity) but most of us work on a voluntary basis, and we are also a part of the national organisation, the National Network of Parent Carer Forums.

Since March this year we have been particularly busy providing support and information to parents and carers, many of whom have been facing huge challenges, and ensuring that their views and needs are fed back to the Local Authority and Health services. Although we normally officially only operate during term time, we plan to continue this work throughout the summer months, as we know that many families have been struggling, and that this will become more severe over the holiday period.

Our key activities are:

- Providing information, guidance and sign-posting through our **helpline, website and weekly emails**
- **Gathering information** about how parents are coping and what support they need through a **survey, and talking to them at our virtual events and one-to-one.**
- Providing daytime and evening informal **drop in sessions for parents** to connect with each other for peer support, and to discuss challenges and issues.
- Running a **series of videoconferences with invited guests from Local Authority, Health Service and Special Schools areas on a wide range of topics.** Sessions held and planned include Mental Health and Emotional Well-being, Short Breaks, Keeping Safe (with Public Health), Transport, Sleep, Positive Behaviour Support, Transition, Return to School and more.
- **Monthly Zoom parties** with a children's entertainer for our members children.
- We have continued to **work with services across the LA** on a wide range of existing and new projects.

So, if you support families with children with additional needs or disabilities, do pass on our details to them and encourage them to contact us.

Our contact details are: Telephone [07516 662315](tel:07516662315) Email: info@ourvoiceenfield.org.uk

Website: www.ourvoiceenfield.org.uk

Just a reminder that Kooth is part of the offer that you can provide through your schools to support the emotional well-being and mental health of your students. There is no charge for this service to your school as it is already funded by NCL CCG.

Jenny Fennessy (Kooth Implementation Lead) has just shared with me a great example of an Enfield's School plan to introduce Kooth:

- The school will have a 'Launch Kooth' Week starting 7th July.
- Everyday for a week a new Kooth resource shared e.g. video, recording, images etc
- The school will send an email to all teachers so they are aware Kooth
- All students will be Emailed with Kooth.com details
- Kooth banners will be shared on their parents social media platforms
- Every Monday, the school will reshare Kooth information as a reminder.

Get in touch with Jenny directly jfennessy@xenzone.com

Jenny will plan with you how to introduce Kooth to your students and staff and your school community.

Youth Development Service

Enfield Youth Development Service works with young people aged between 11 and 19 years (and up to 25 with LDD),

Our work focuses on personal and social development, skills and attributes of young people, rather than to 'fix a problem'. Our work is an educational process that engages with young people in a curriculum that deepens a young person's understanding of themselves, their community and the world in which they live and supports them to proactively bring about positive changes.

Our Open access Youth Centres in Enfield

Our Open access Youth Offer – through our five open access youth centre, we provide a safe environment where young people have access to informal learning opportunities, information and guidance around a whole range of issues meaning that they are better informed about life choices and the opportunities that are available to them. This provides young people with structured activities in which they can gain a range of nationally recognised awards and qualifications. Engage in positive activities such as multi-media, health and fitness, music, dance, issues-based workshop and many other, where they are able to gain transferable skills

YDS Outreach / Targeted Outreach

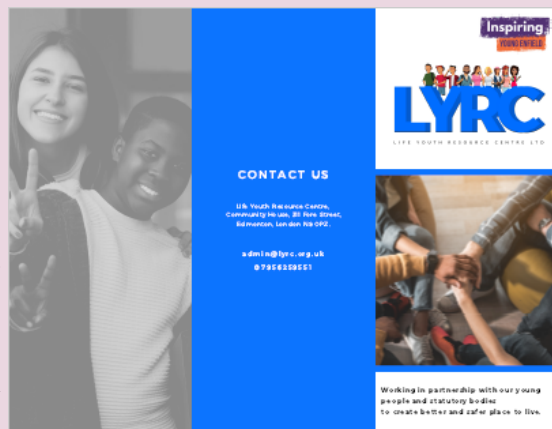
The Youth Development Service outreach team deliver outreach sessions in areas of the borough where youth violence and anti-social behaviour is causing a concern. The aims of the programme is to reduce antisocial behaviour, to build positive relationships with young people associating in the area and engage young people to attend their local youth clubs or other positive activities in the area, develop projects that positively engages young people in their chosen activities. Our Youth Workers go out into the community where young people are, this may be a housing estate, town centre location or in the park.

Targeted Youth Engagement

It is proposed that several strands of direct work with vulnerable young people are brought together to ensure an effective, efficient and high-quality Targeted Youth Engagement. The Targeted Youth Engagement Team (TYET) of the YDS will lead this work ensuring that a fully integrated model can be developed. This will ensure consistency of approach and build on existing excellent practice in youth engagement. This would create a single leadership and management structure for this work and ensures that child centred interventions blend together, mentoring, personal development and seamless exit strategies for children and young people who are at risk of exclusion, anti-social behaviour, reduce youth crime, serious youth violence and vulnerable and disadvantaged children and young people

The Mentoring Service

Mentors provide support to young people by working on issues that are important to them. They support young people to make informed choices in their lives and enable them to meet their potential. The Mentoring Programme is a structured six-week Programme which provides a positive role model, personal development opportunities and positive life experiences. Through 1-2-1 engagement, advice and befriending the young person will work with their mentor on key areas identified by referrer and young person.



Youth Development Service

Early Invention Positive Activities

Early Invention Positive Activities, the YDS will play a key role in coordinating and providing diversional activities for young people on an order, at risk of offending, at risk of youth violence, low confidence or part of a holistic intervention. The referral process will be open to All youth-based organisations within the council. The YDS will be able to support young people who are vulnerable or at-risk of exclusion and encourage their participation in positive activities across the Enfield Borough. It will act as an exit strategy for service such Youth Offending service or children who are on CIN plan or CP plan used as a step down or just add value to the intervention and engage young person in positive activities.



Summer University

Summer University programme provides young people with high quality personal and social development opportunities and constructive leisure activities as a diversion from boredom whilst preventing engagement in risky behaviour. Key aim is to bring positive activities to young people in priority location hotspots identified with high prevalence of crime, serious violence and social deprivation, specifically focused on targeting eastern part of the Borough. Summer University activities are offered from a range of community venues, including youth centres, schools, libraries, leisure centres and outdoor spaces such as multi-use games areas.

<https://new.enfield.gov.uk/youth/>



Leadership Academy

The YDS coordinates and implements The Youth Leadership Academy (YLA). YLA is a programme which enables young people aged 13-19 who attend council and voluntary youth clubs and projects to gain formal recognition for their involvement as leaders in the design, delivery, evaluation and management of their Youth Centre and Projects.

A central feature of quality youth work practice is about ensuring young people have a voice, develop as positive citizens and are leaders in their communities. This includes providing young people with opportunities to take on roles of leadership and responsibility for the running of the youth work provision. We currently have a cohort of 25 young leaders involved in our Youth Offer:

- Young leaders have designed the Summer Uni programme
- Presented in many community forums
- Social Prescribing – Coming soon
- Enfield's Poverty Forum
- Recruitment and selection of staff

Youth Offending Service

Purpose of the Enfield YOS

- The Crime and Disorder Act 1998; required local authorities to set up multi-agency hubs to include Police, Social Services, Education and Probation as statutory agencies within the YOS
- The principle aim from the Crime and Disorder Act is to stop offending and reoffending by children and young people aged 10-17.
- As a statutory agency we have a duty of care under the Children's Act 1989 to cooperate with other agencies working with children and young people and to promote the wellbeing of children and young people.

What we do

Enfield youth justice case managers and social workers role is to assess and manage risk within the below 3 domains:

- Likelihood of reoffending
- Risk of serious harm to self and others
- Safety and wellbeing of the young person

How we do it...

Assessment and intervention plans identify and address the above risk domains, using desistance factors and the Good Lives Model.

We:

- Assess and create support plans
- Assess and write court reports and panel reports
- Work directly with prisons, youth offending, institutes, NHS, children's and adult's social care, national probation service, police, schools, educational psychology, alternative education providers
- Visit young people at home, in prison, in the community and at school
- Work with parents and carers to support the successful completion of their child's court order or out of court disposal
- Train volunteers
- Manage a range of panels such as high risk panels, referral order panels, NEET panels and out of court disposal panels

What we are doing during the covid19 pandemic....

At the time of writing, all of the above with the exception that the prison service have cancelled of outside visits, as are schools and courts are currently operating under a reduced service.

*"During the covid19 period the YOS are offering a full virtual service at present **with an increased emphasis on mental health**. The YOS is in the process of rolling out a phased return to some form of normality in which high risk young people will be seen face to face by case managers and specialist workers. Due to there being a reduced court service, we have not received any new court referrals during the covid19 lockdown period. When the courts start to resume some form of business as usual, court orders will increase. Please note that all referrals into the YOS can only come from the courts or police."*

Our challenging caseloads Key current themes

- Violence / weapons /Gang codes / violent exploitative control
- Drug supply– local and County lines
- CSE / Missing children /LAC Modern slavery / DV16+
- Culture and social media
- Trauma and mental health
- Increasingly active role for girls
- Hard to leave
- Disproportionality/ Structural barriers
- Child protection thresholds for adolescents /resource gaps



Prevent Enfield

Prevent is an arm of the UK Counter-Terror Strategy (CONTEST). Prevent teams work with Local Authorities to safeguard adults and children against the threat of radicalisation. Work within the education and community sector is a key part of Prevent delivery. This includes staff training, workshops and assemblies in schools, and training with wider educational partners such as youth clubs, governors, and parent forums.



As with all areas of work, Prevent delivery has changed markedly during the Covid-19 lockdown. Work has focussed markedly on online safety, and improving knowledge around online radicalisation risks, as well as providing ad-hoc support around individual concerns and referrals.

Moving forward, it is important to maintain the Prevent training offer, and work with our education partners, community groups, and parents to raise awareness of Prevent, and improve engagement with activities safeguarding vulnerable people from risks around terrorism, extremism, and radicalisation.

The team also continues to do community engagement work- offering training on Prevent, Hate Crime awareness, the Third-Party Reporting training. If you would like to get in touch regarding a community group/voluntary group, you or someone you know runs please contact Megan on the details provided below.

Current Training and Workshop offer:

Schools training offer:

WRAP (Workshop to Raise Awareness of Prevent)

This workshop aids in schools' engagement with the Statutory Prevent Duty, and covers the current risk profiles and referral process. It is recommended that school settings engage with this training every two years, or more if there is a high staff turnover. All staff members benefit from WRAP training, including teaching and support staff, administration staff, and utilities.

Online Resilience

The Online Resilience workshop is easily tailored for your settings. Covering; the basics of online safety, online radicalisation and grooming risks, fake news, conspiracy theory, and managing internet use

Education partner training offer (Including parents, childminders, EYP, and Enfield council teams):

Although the above training sessions are aimed at those working in school settings, they can be tailored for any other setting working with or caring for young people. Please get in touch on the details below if you are interested in a talk or have any questions.

Contacts:

Prevent Education Officer

Evie Gibson

evie.gibson@enfield.gov.uk

Prevent Community and Programme Support Officer

Megan Roberts.

Megan.roberts@enfield.gov.uk

The following links have some really good information and support available:

Let's Talk About It:

<https://www.ltai.info/>

Educate Against Hate:

<https://educateagainsthate.com/>

Primary Behaviour Support Service

SWERRL Team

Strengthening Wellbeing, Emotional health, Relationships and Readiness for Learning
Some key points of consideration when responding to pupils' behaviour and SEMH needs in the return to school, following COVID-19 partial closure. July2020

A 10 POINT SUMMARY

- 1. SAFETY IS THE PRIORITY** – Promoting a sense of felt safety needs to be our primary objective
- 2. PROMOTE POSITIVE HABITS** – Using 'positive directional language', together with supportive encouragement, is invariably more effective than, and preferable to, deterrents
- 3. AUTHENTIC RELATIONSHIPS** – Our most powerful behaviour management and engagement tool
- 4. NEUROCEPTION** - The body's autonomic nervous system naturally acts to protect us and keep us safe... if triggered fight, flight or freeze behavioural responses will kick-in
- 5. BEHAVIOUR IS COMMUNICATION** - Often behaviour communicates for our pupils that which they do not have the skill or capacity to articulate in another way
- 6. SOOTHE & DE-ESCALATE** - Is the critically needed response
7. The nature of the **ADULT DISPOSITION** will be paramount
- 8. CALM, CONFIDENT and CO-ORDINATED** responses are required.
- 9. PREPARATION** promotes confidence, therefore, give time to develop an individual **Risk Assessment and Management Plan (RAMP)**
10. Consider **STAFF SUPPORT and SUPERVISION**

Primary Schools can contact the PBSS SWERRL Team for individual advice

020 8441 6448

Office.BSS@enfield.gov.uk



EDUCATIONAL PSYCHOLOGY SERVICE

Summer Term 2020

Family Telephone Support Line

To support our families during the COVID-19 pandemic at a time when schools are closed, Enfield's Educational Psychology Service is providing a telephone consultation service for parents and carers.

The service is available for families who live in Enfield and/or whose children attend Enfield educational settings and is available 5 days a week from 10am to 9pm.

You might want advice or help with:

- Looking after your own and/or your child's emotional wellbeing and mental health.
- Talking with your children about COVID-19 and their worries related to this.
- How to support your child with their learning at home.
- Managing your child's behaviour at home.
- Concerns about your child's general learning, development or wellbeing.
- Accessing information and resources.
- Signposting to other services.

Educational psychologists (EPs) are professionals who work with parents and carers, education staff and other professionals to support the learning, wellbeing and mental health of children and young people up to the age of 25.

The EPS is the main provider of psychological services to Enfield schools and early years settings. They have direct links to services in education health and social care which provides a co-ordinated approach.

Trainee EPs work in the service under supervision of an HCPC registered EP.

If you would like to arrange a consultation by filing in a brief form, click on this [LINK](#)

You will be asked to provide the following information:

Your name

The age of your child

Setting that your child attends

Your telephone number

E-mail address

If an interpreter is needed (and what language)

Preferred time for a call:

- 10am to 12pm
- 2pm to 4pm
- 7pm to 9pm

Following completion of this form, the responses will be kept on a spreadsheet document on an encrypted server, only accessible to the EPs involved. There will be recorded outcomes on this document, to ensure process is followed. At any point you can request to have this removed.

Do not provide any confidential information if you do not wish to.

Only provide the setting name if you feel this may be important to follow up.

Phone calls **will not** be recorded.

If any **safeguarding issues arise**, they will have to be passed on to the appropriate parties.

The EPS aims to respond to all requests for calls within **3 working days**.

Information and Resources produced by Enfield Thrives Together

These are uploaded onto the [School's Hub](#). They are for sharing with your staff and parents.



Information Flyers:

COVID 19 Info for Children
Wellbeing Support
Children Staying at Home
Children Going School

Support Booklets:

Supporting Parents
Supporting Secondary-aged Children
Supporting Primary-aged Children
Supporting Children Of Key Workers
Bereavement
Sharing Difficult News
Transition Back to Schools (New)
Transition Back 50+ Activities (New)



Information and Resources produced by The British Psychological Society



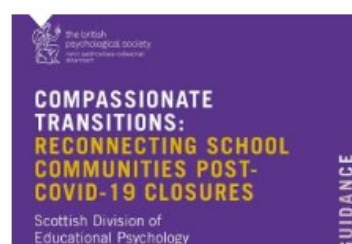
Resources provided by the British Psychological Society aimed at supporting school communities.

Click on the tab for the download



Back to school transition: the importance of playtime

29 May 2020



Compassionate transitions: reconnecting school communities

16 June 2020



Resilience and coping: supporting transitions back to school

23 June 2020



Supporting care-experienced children and young people

02 June 2020



Back to school: using psychological perspectives to support re-engagement and recovery

28 May 2020



The psychology of play

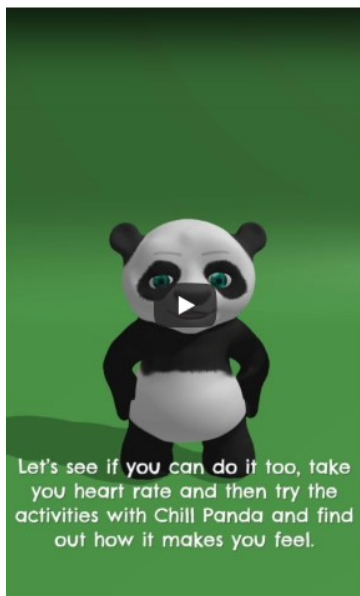
29 May 2020

On-line Wellbeing Support and information



<https://www.good-thinking.uk/>

A little flavour:



Parents can download Chill Panda for their children for an app which alleviates worry with simple and playful exercises.

Anxious

If you're feeling anxious, take our quiz to find NHS-approved resources to support you.

[Reduce your anxiety](#)

Sleep problems

Having trouble sleeping? Answer three quick questions to access tools to improve your sleep.

[Get better sleep](#)

Stressed

Stressed? Exhausted? Not sure where to turn? Our quiz will guide you to useful apps and other tools.

[Lower your stress](#)

Low mood

If you're finding things difficult right now, take our quiz to access NHS-approved resources.

[Boost your mood](#)



ENFIELD
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The Emerging Virtual Team

NCL Clinical Commissioning Group (CCG)	Mental Health Support Team	Brettenham Primary School	Joint Service for Disabled Children
CAMHS	Kooth (Xenzone)	Lea Valley Secondary School	SENDIASS
SWERRL	Health Watch Enfield	West Lea	SENDEN
Secondary BSS/ Alternative Provision	Our Voice Parent/Carer Forum	Barnet & Southgate College	Every Parent and Child
HEART	School HR	Youth Offending Service	Specialist Play and Bereavement Service
EPS & SEWS	School and Early Years Improvement Service	Early Help	Children and Young Person's Service
Public Health Enfield	Childrens & Family Services	Enfield Voluntary Action	Place 2 Be
Enfield Advisory Service for Autism	Enfield Council Commissioning	Enfield SEND Service	Early Intervention Support Service
Change & Challenge	Prevent	Youth Development Service	Solace Women's Aid