

Chatter pack

School support

Helping children understand
social distancing

1.0

Helping children with the 2 metre rule

- Print and laminate the animal footprints to make them reusable, durable and to allow you to clean them.
- Place them on the floor around the school/home making sure that they are secured to the floor two metres apart.

You could use two sided tape. Or, if you are concerned that doing so might damage flooring, perhaps you could use a less adhesive tape around all four edges

- Show the child/children the animal foot prints and explain that they will find these on the floor in various places around the school or home.
- Explain that the distance between each footprint is very important and that they might be asked to stand on them during times when they have to wait, play, speak to others, and so on.
- Include information about Coronavirus if you feel it is appropriate and if the child will understand, but try to keep your language simple, short and specific.
- Try using visual explanations and demonstrations alongside spoken language.
- Explain that there are only 2 footprints per image which means only one person is able to stand on a picture at any time.

Ideas for ways to use the animal footprints

- Build their interest by asking the child/children can guess which animal the footprints belong to
- Give the child/children a tape measure and see if they can guess how tall or long the animals might be

This can be a fun, but useful way of introducing or revising size related concepts and vocabulary to those who might struggle to understand what 2 meters is

- Perhaps the children could colour the footprints in. These can either be used as personal reminders of where to stand/sit, or be used within the environment to remind children of the 2 metre rule in everyday life.

Using the lily pads to teach expected distancing

- Try pretending that the floor is a lake or a river and the aim of the game is to not get their feet wet
- Tell the child/children that they must stay on the lily pad until they hear the adult saying a key word

It might be better to avoid using 'go' as your key word as this might cause excitement resulting in them being too close to others

- You could explain that the key word makes the water disappear, creates a pretend, temporary bridge they can walk over, or perhaps the keyword means that they can swim (slowly) to the next lily pad
- Once they have practiced this using the lily pads, try using the animal foot prints in a similar way, or explaining how they must be used in a similar way
- Try checking their understanding of the rules by allowing the child/children to take turns being the teacher and saying the key word to others

You can further check their understanding by moving before they say the keyword and see if they correct you

Using the snake images

- You can use the snake images either as a guide to make your own, or to enlarge on your printer
- Use these as a visual, concrete reminder for the children of what 2 metres is
- **200cm** = 6.8 A4 pages (landscape)
- **200cm** = 4.8 x A3 pages (landscape)

Alternative snake ideas

- Try making a 2 metre long snake or caterpillar using disposable cups, pasta tubes or cardboard from inside toilet/kitchen rolls
- The children could use these in everyday life at school and home to further develop their understanding of distance, and can be a useful tool to provide concrete understanding and visual reminders.

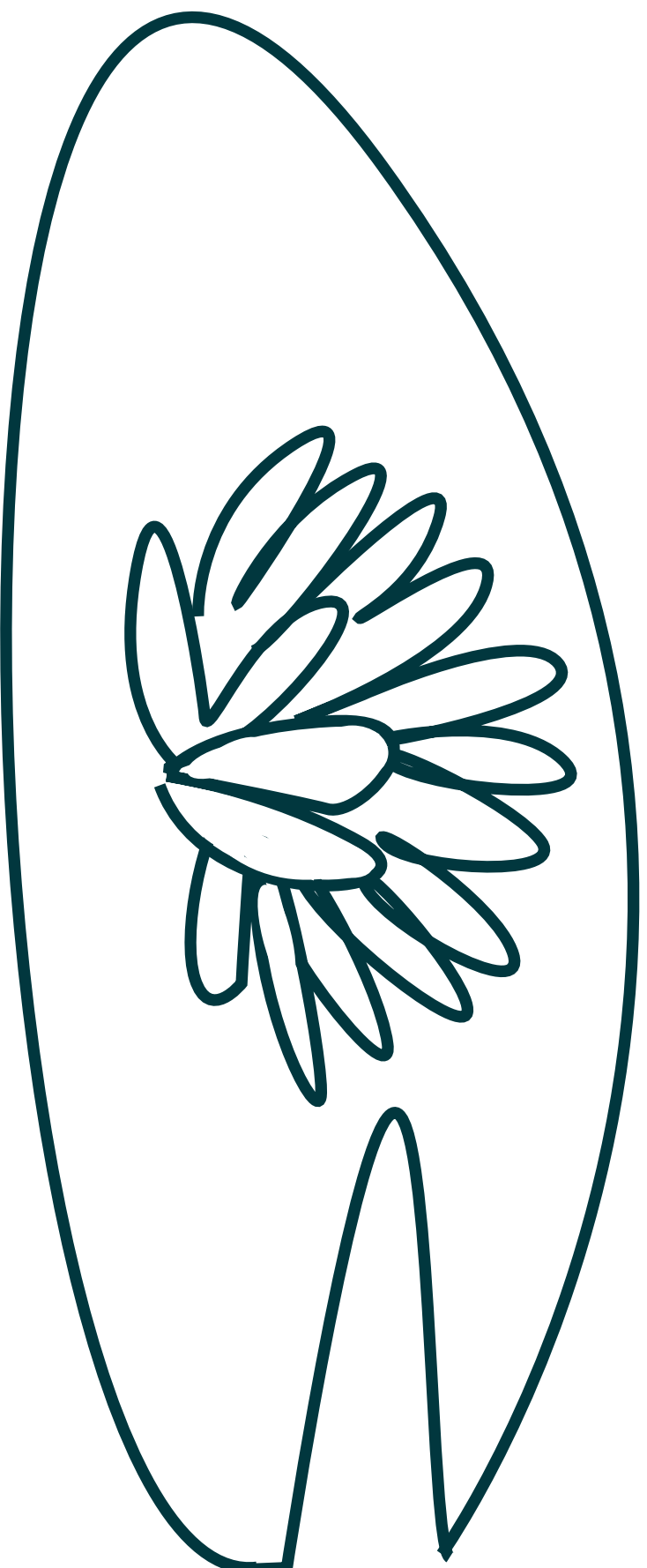


Resources

Included in this pack are:

- Lily pad to use during teaching games
- Posters to remind children of commonly missed parts of hand washing
- Posters to remind children of the 2 metre rule
- Posters to remind children not to hug others
- Various animal foot prints to use within teaching games, but also to use within the environment to remind children to remain 2 metres apart
- Images of snakes to print in parts - once all parts, or to use as ideas/guides to make your own 2 metre long snake

It is vital that all adults consistently model expectations for the child/ children. Therefore, if you use the ideas included in this pack, make sure that adults also stand on the animal footprints, on the lily pads, and/or use snakes as confirmation of social distancing

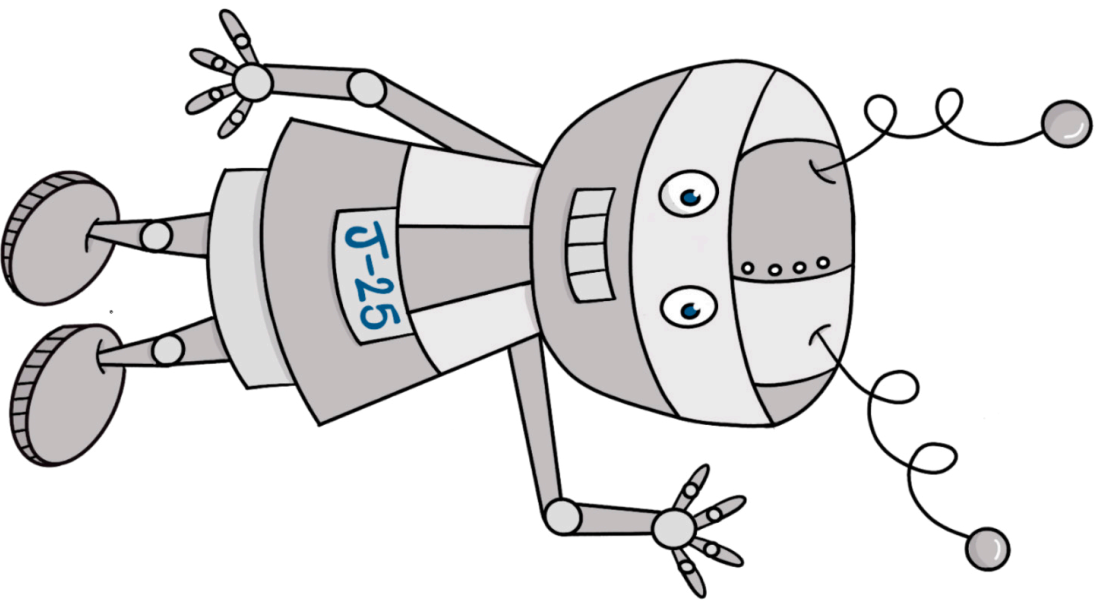


Washing hands

Remember to wash...

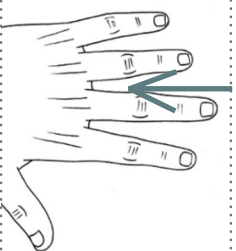
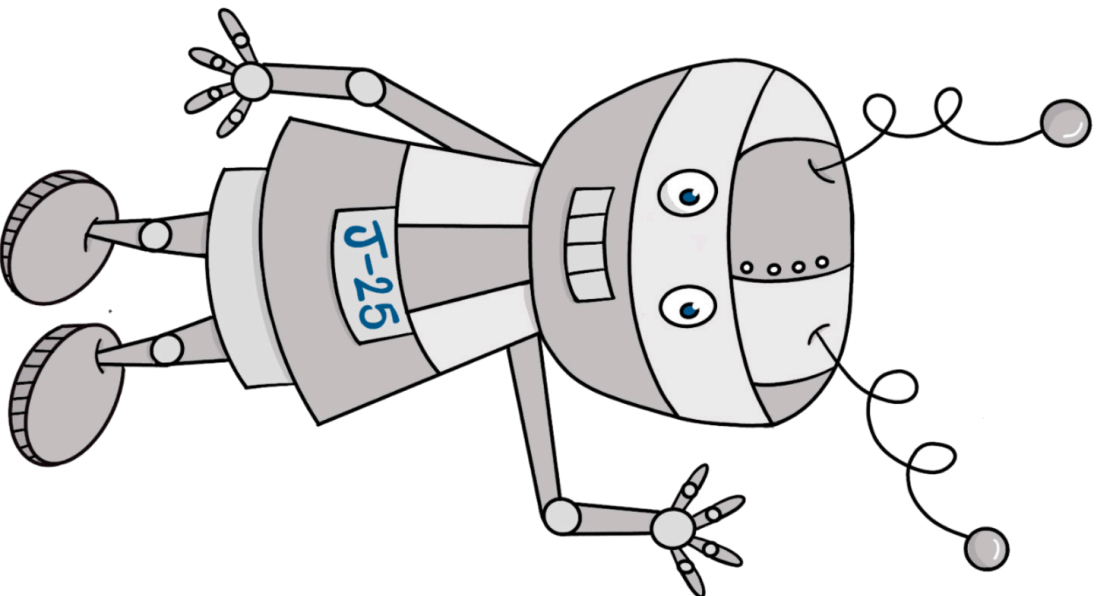
- Inbetween your fingers
- The tips of your fingers
- Your thumbs
- The front and back of your hands

Dry your hands properly!

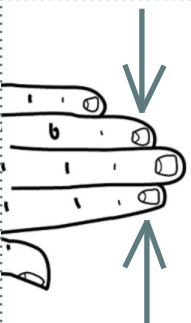


Washing hands

Remember... 



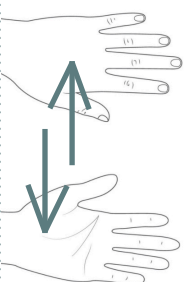
- Wash in between fingers



- Wash top of fingers



- Wash thumbs



- Wash fronts and backs

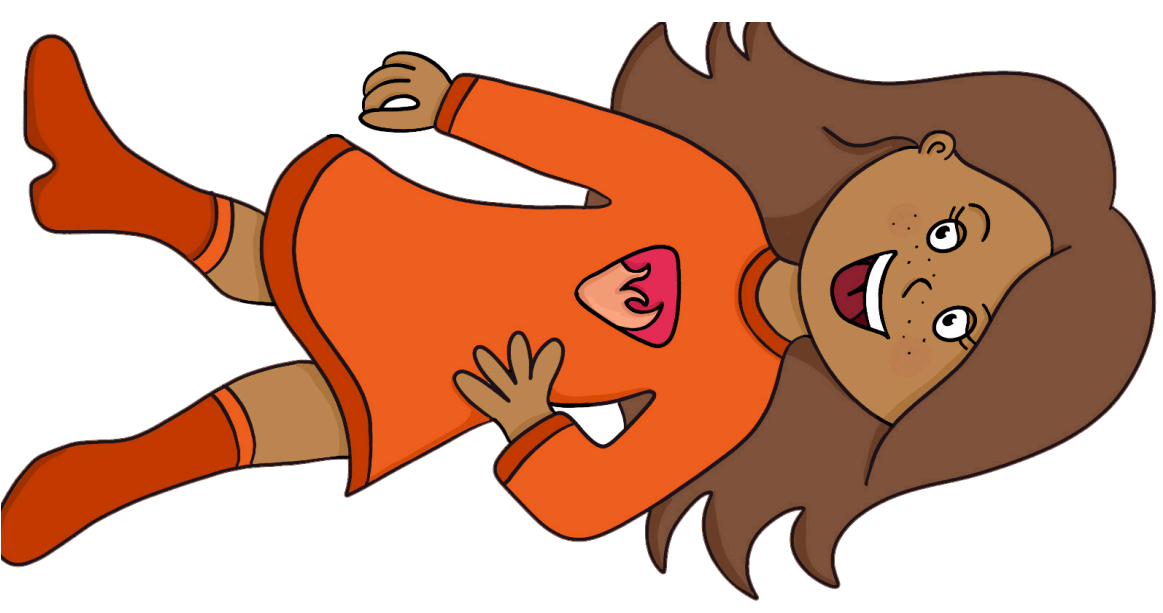
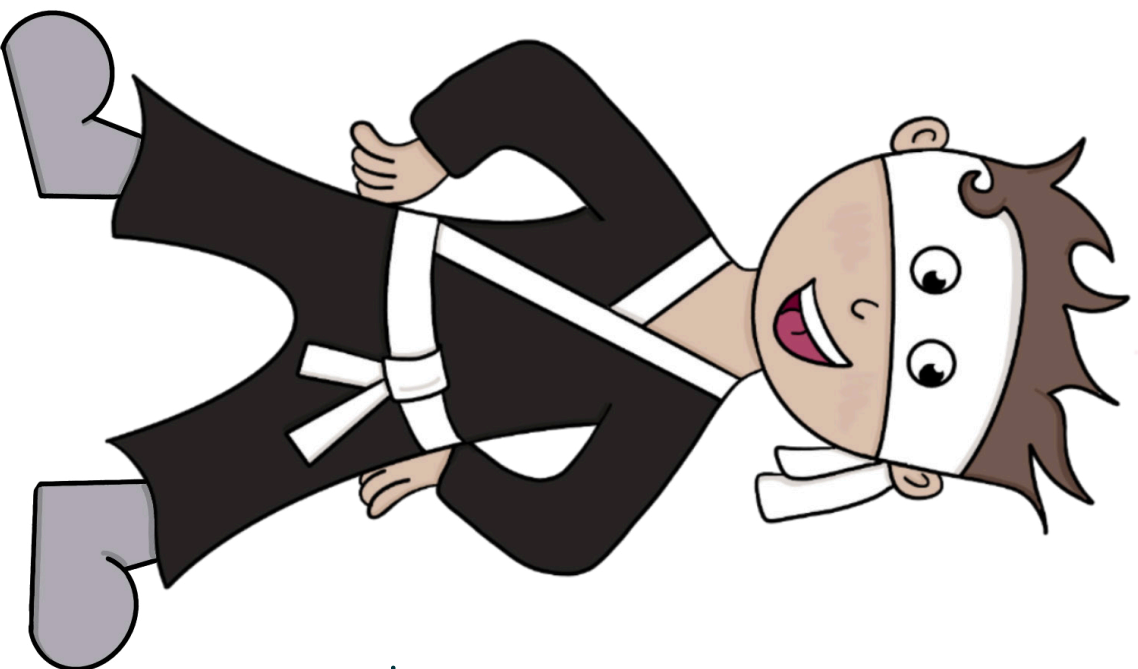


- Dry hands

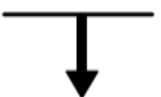
Remember!!



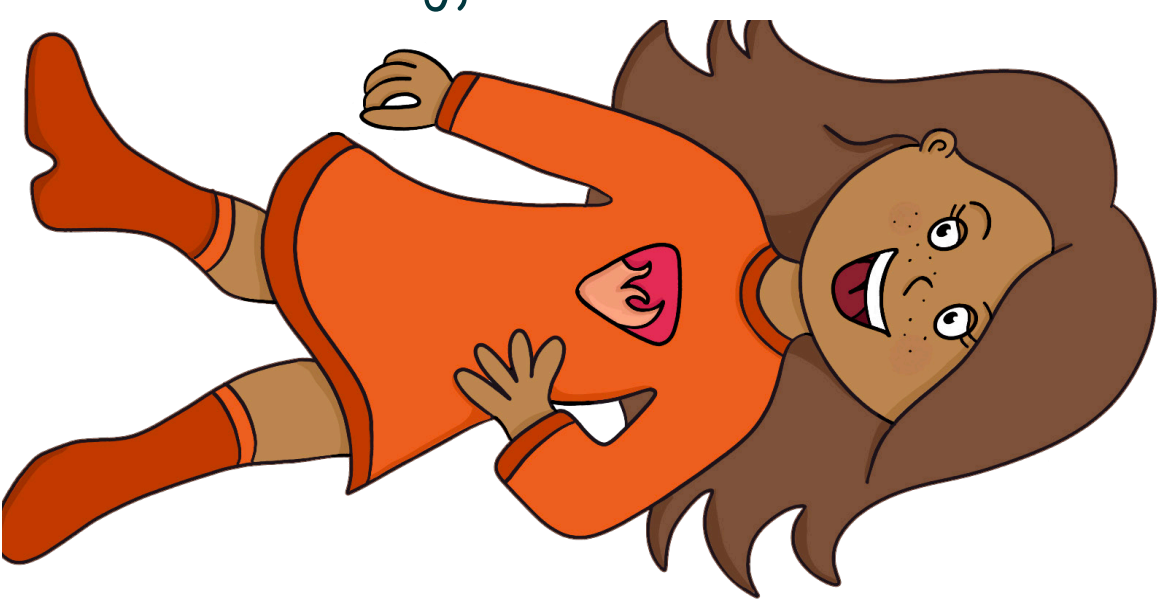
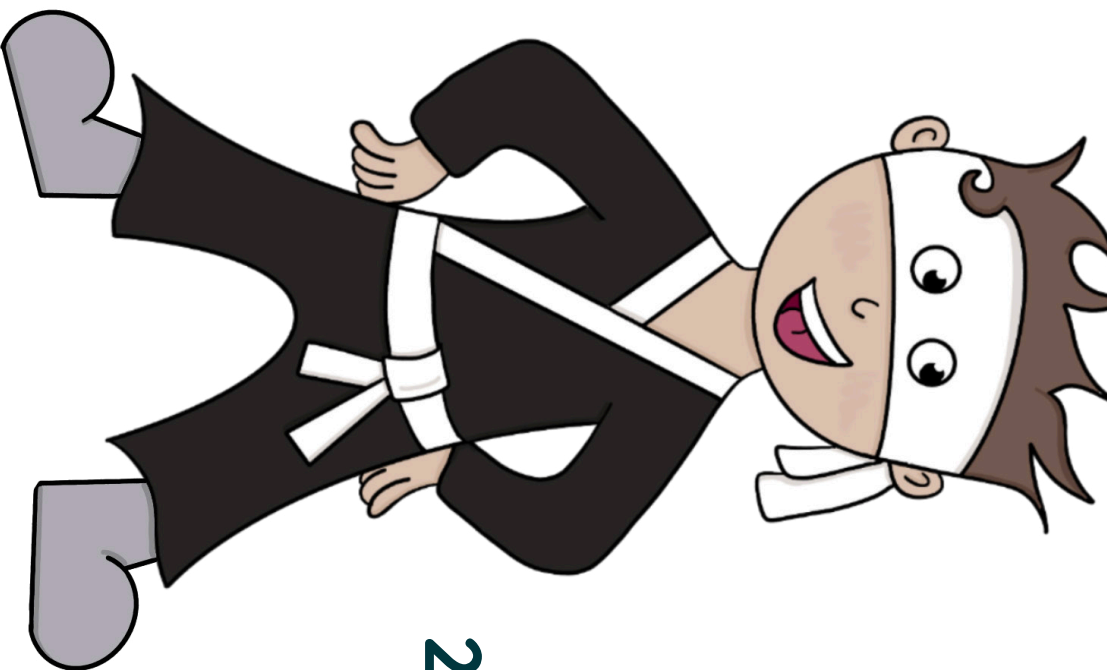
2 metres apart
from your friends
and teachers



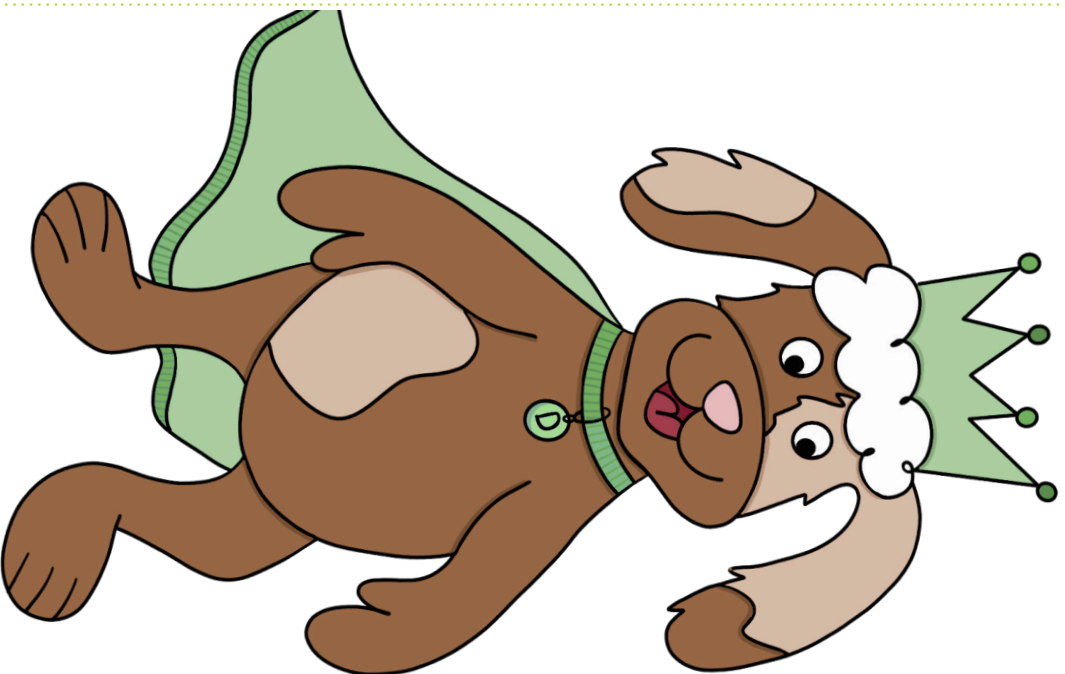
Remember!!



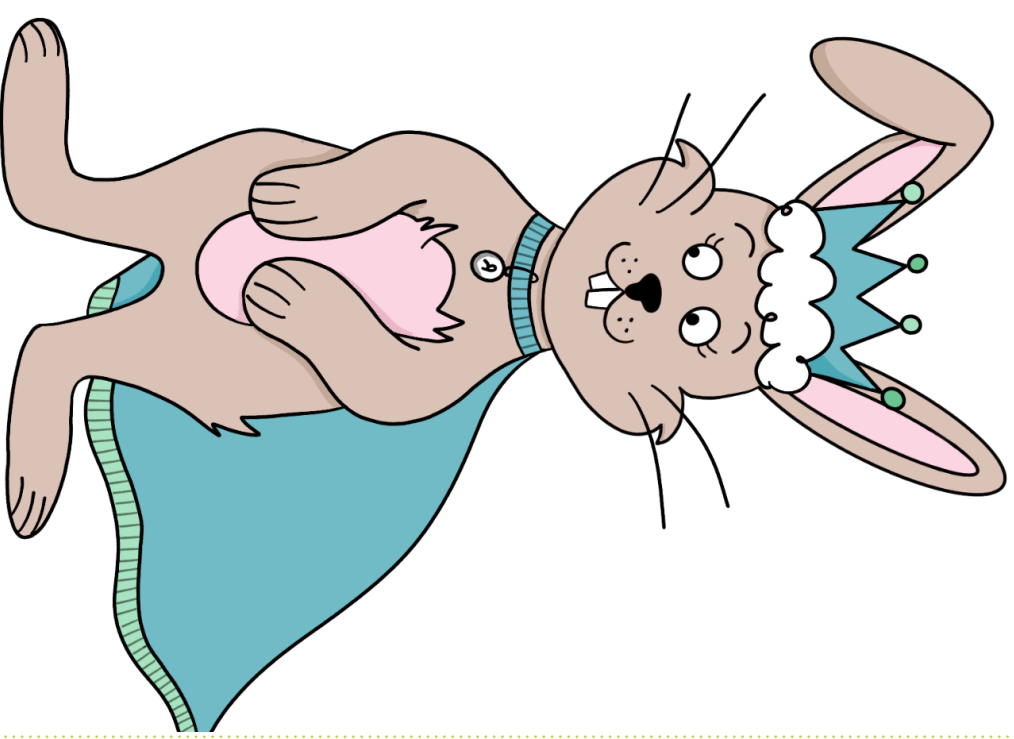
2 metres from friends



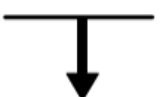
Remember!



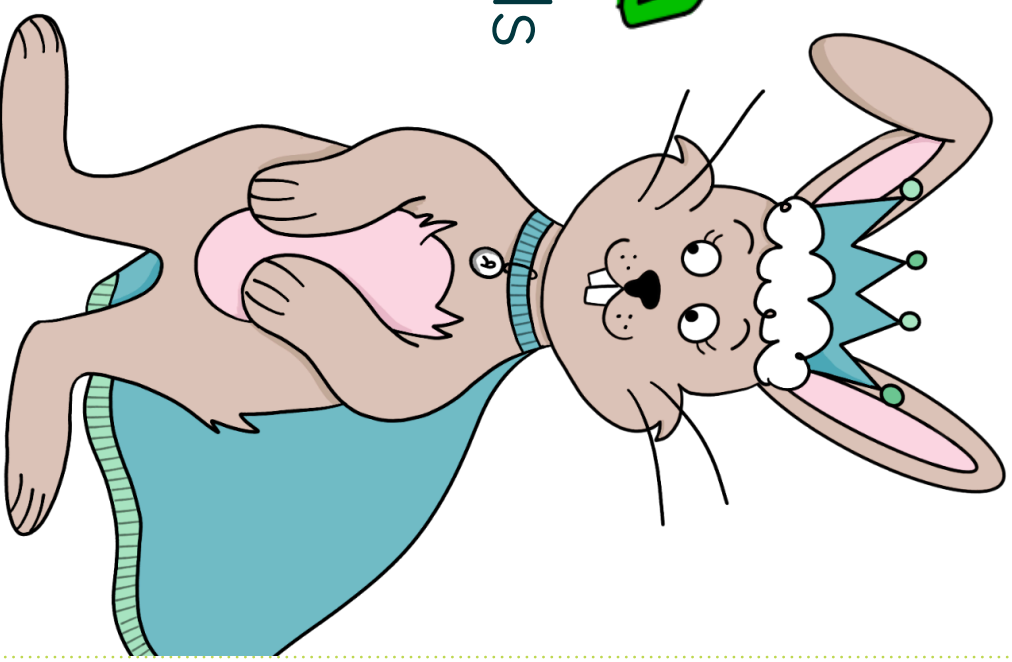
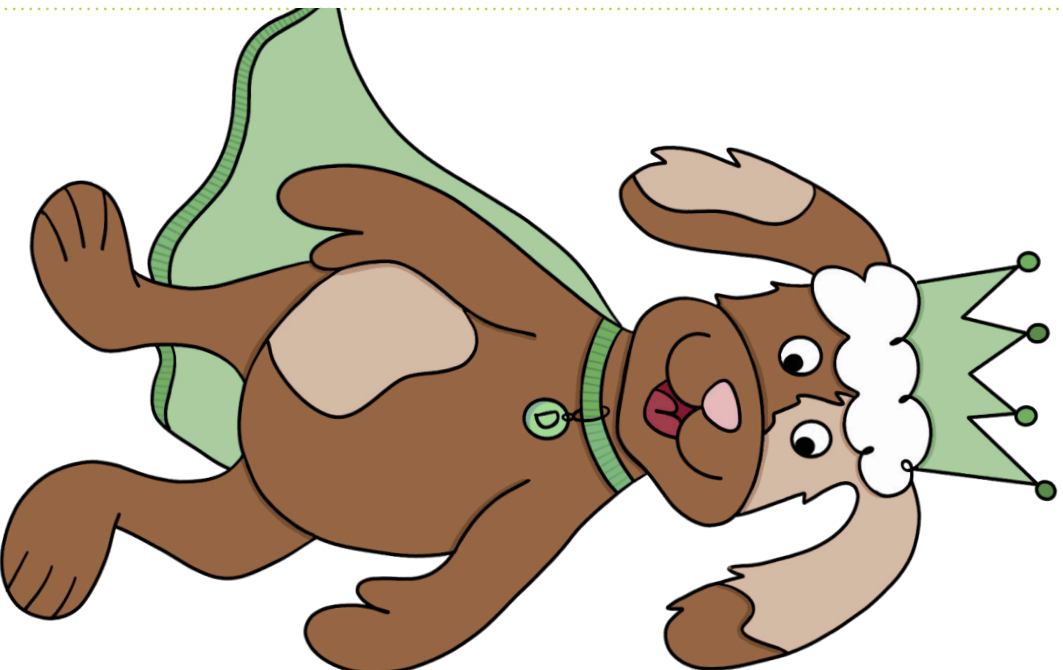
2 metres apart
from your friends
and teachers

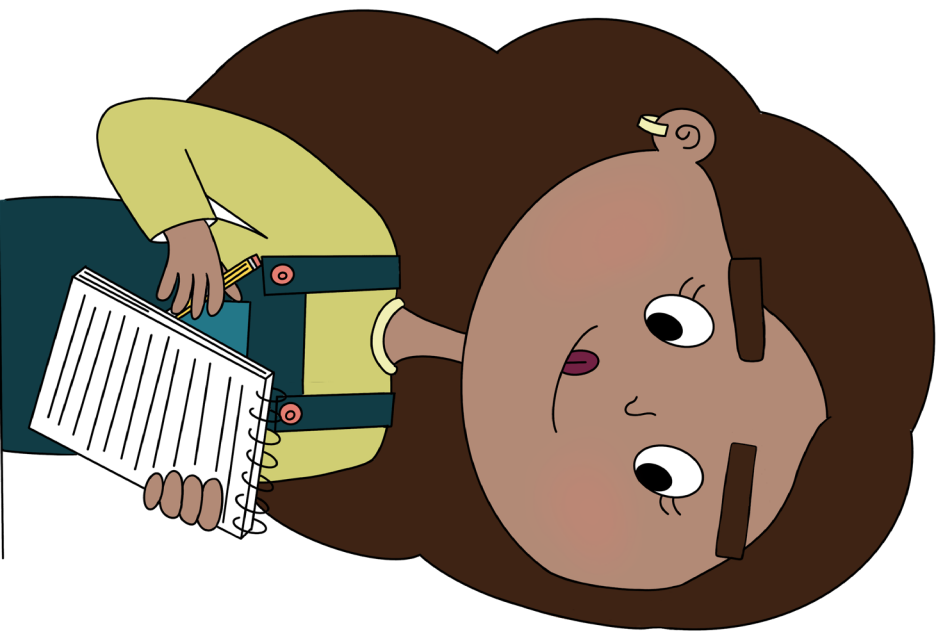


Remember!



2 metres from friends





Remember!

You must not hug
friends, but there are
lots of other ways to
show you care.

**How many ways can
you think of?**

Remember!



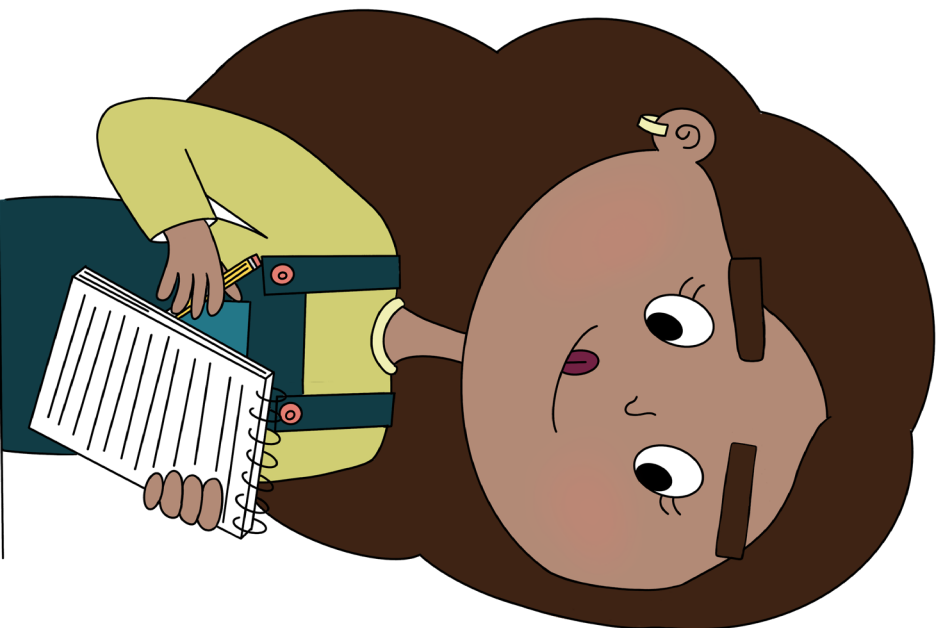
No hugging



But there are other

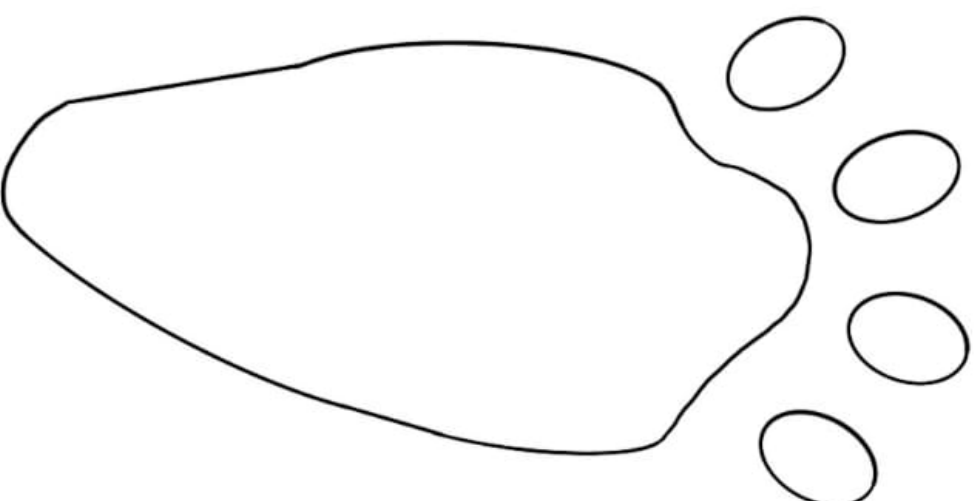
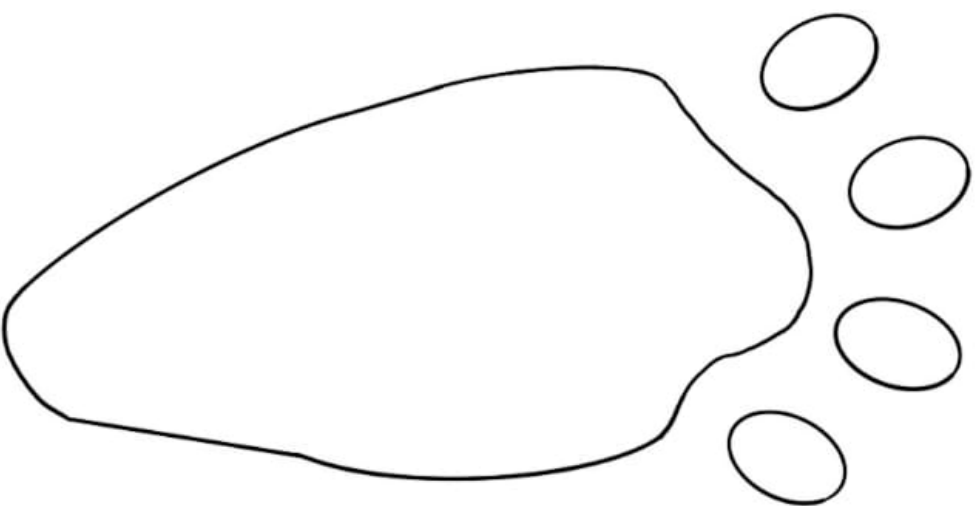


ways to show you care



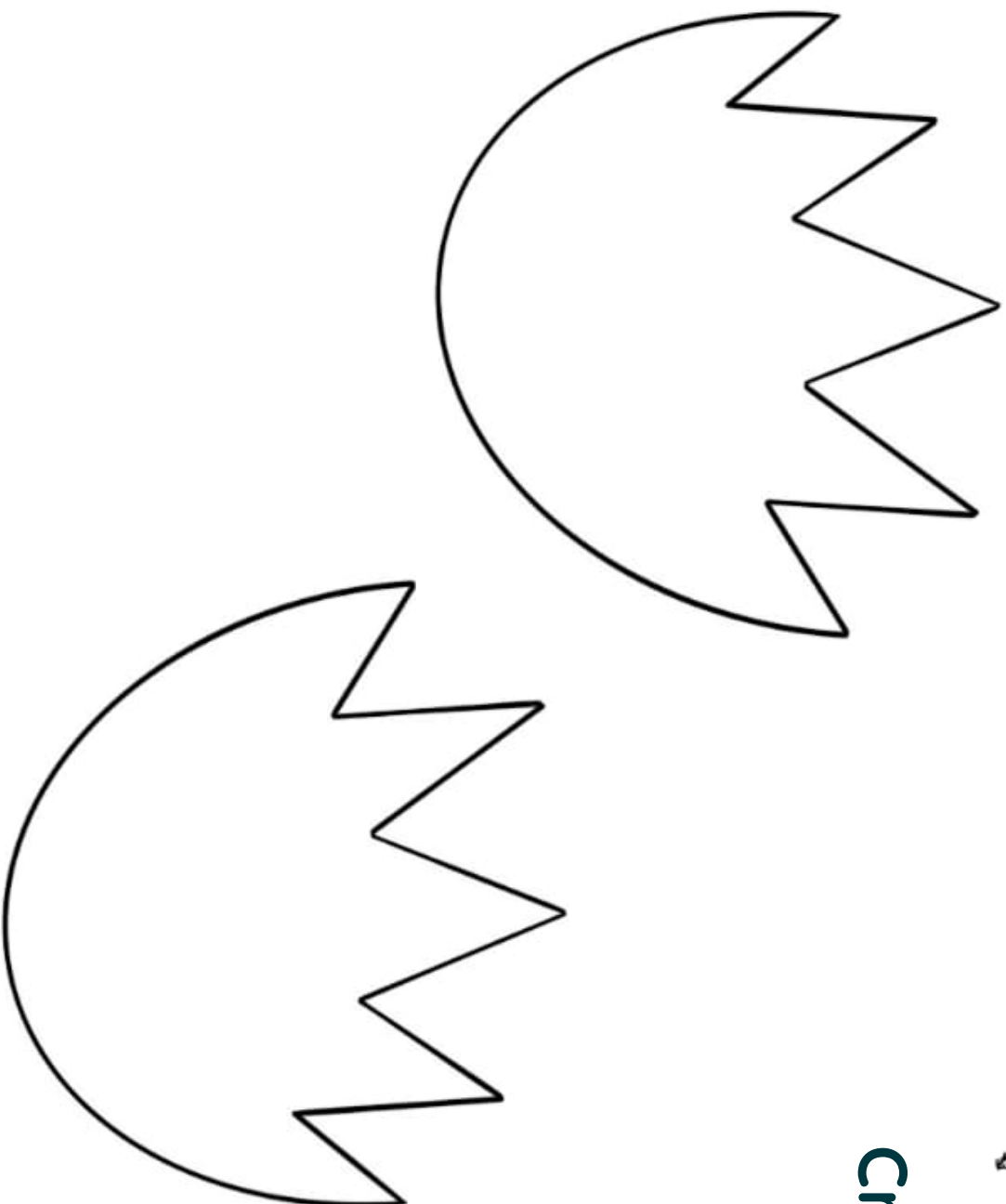


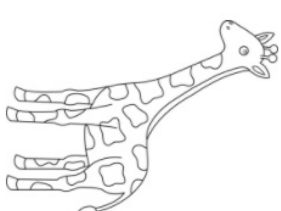
Rabbit



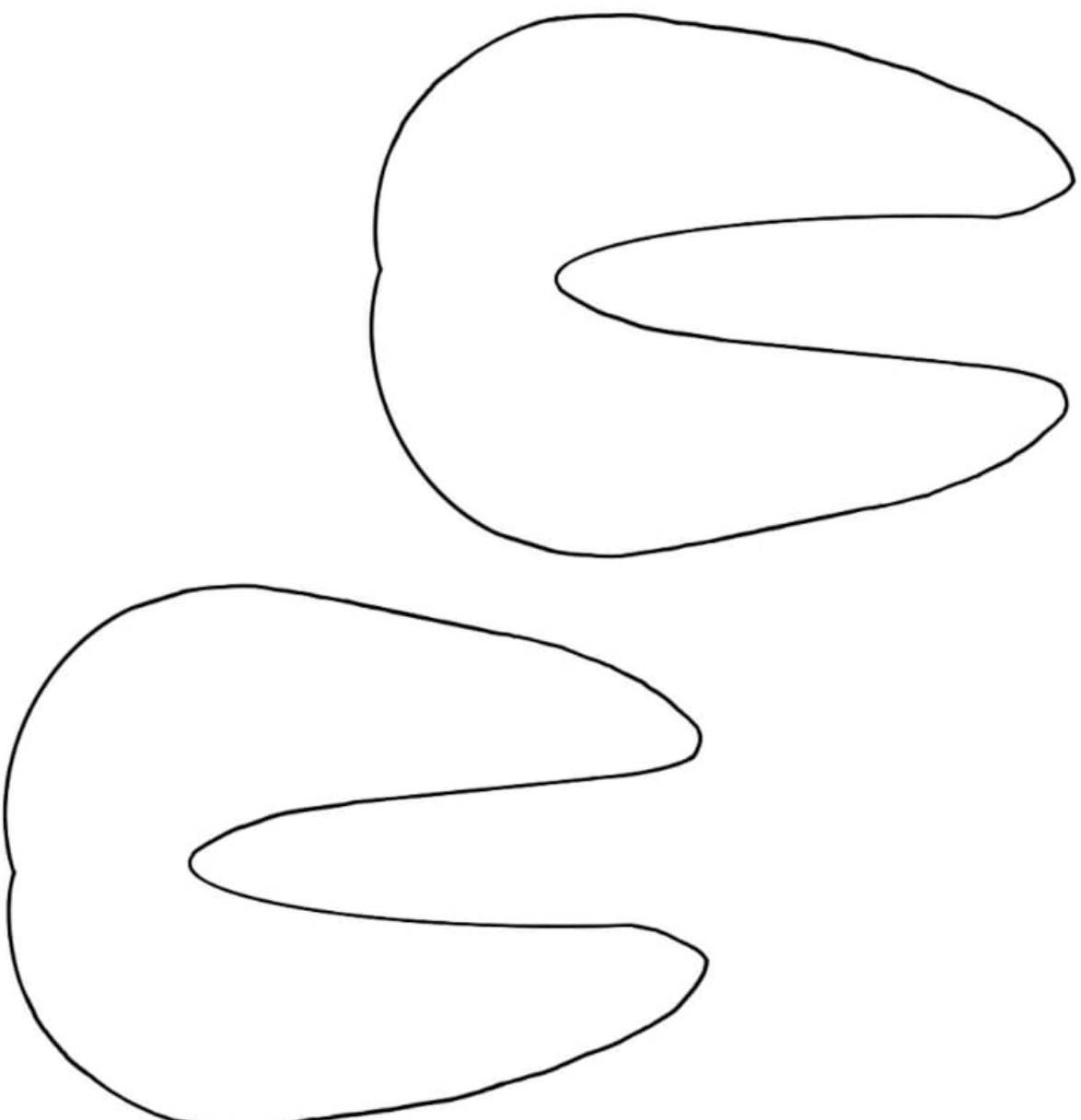


Crocodile



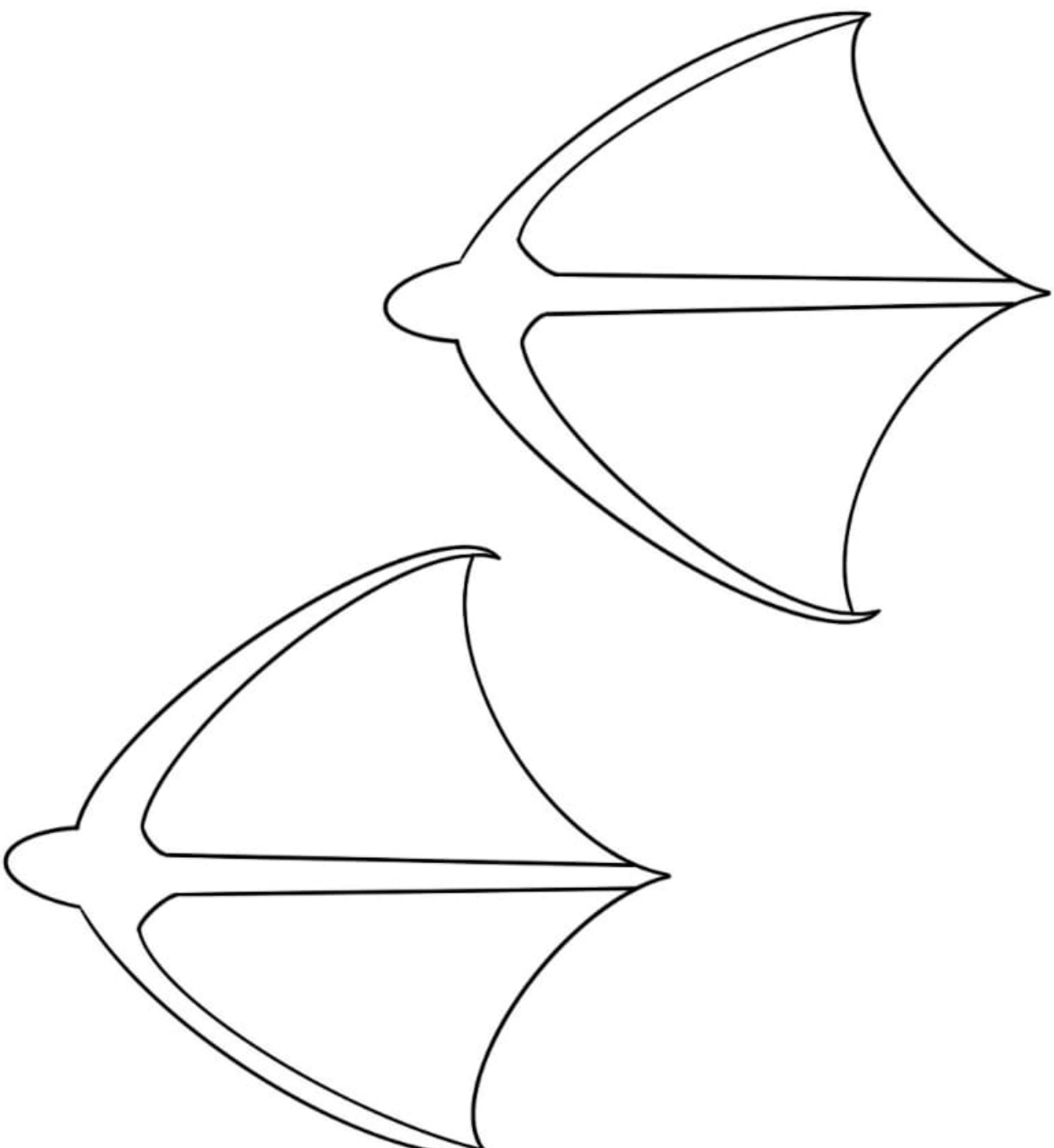


Giraffe



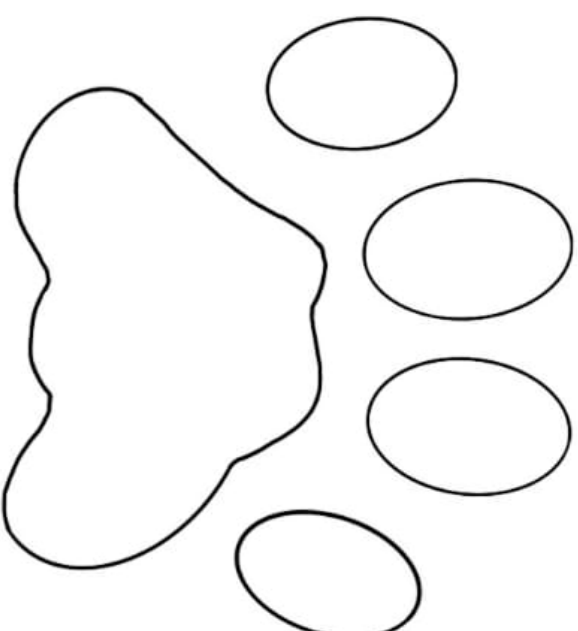
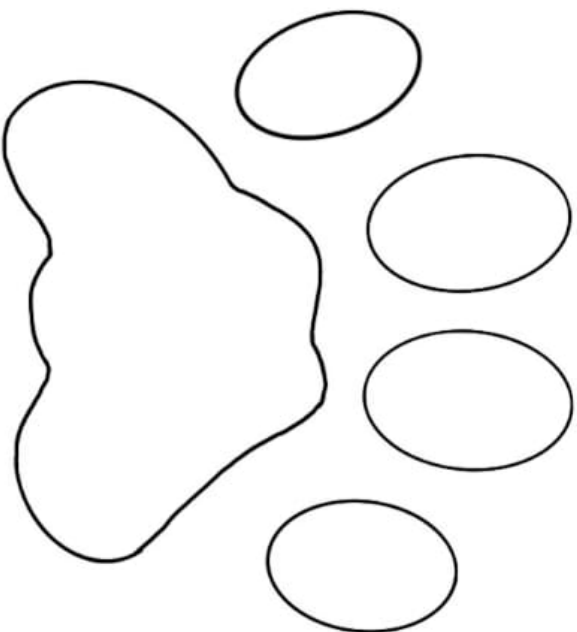


Duck



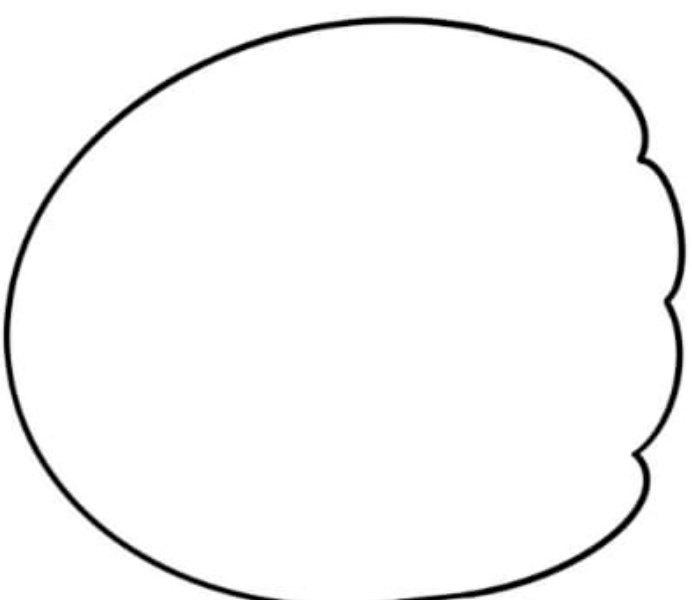
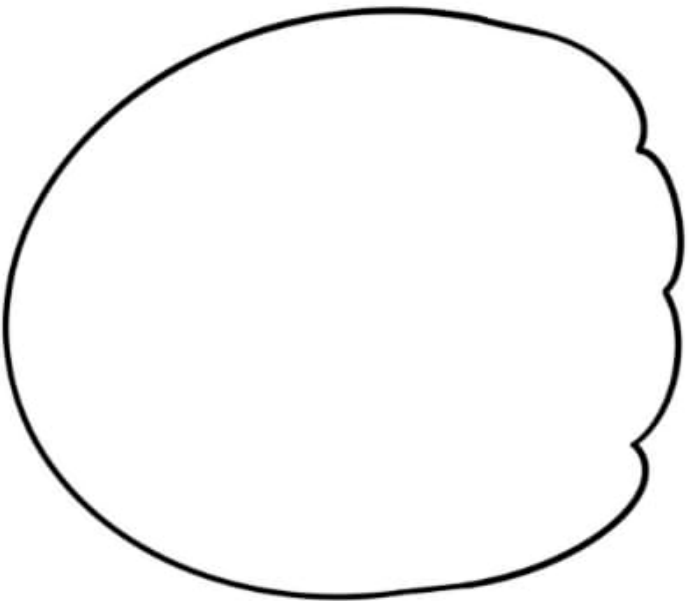


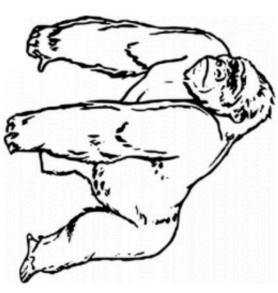
Cat



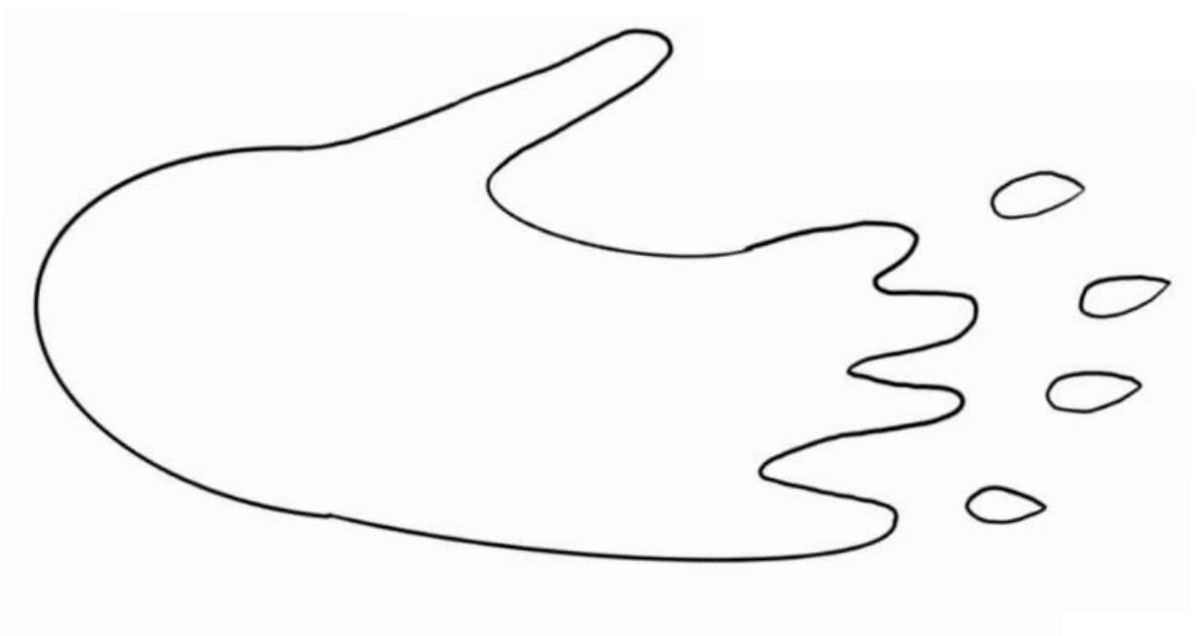


Elephant



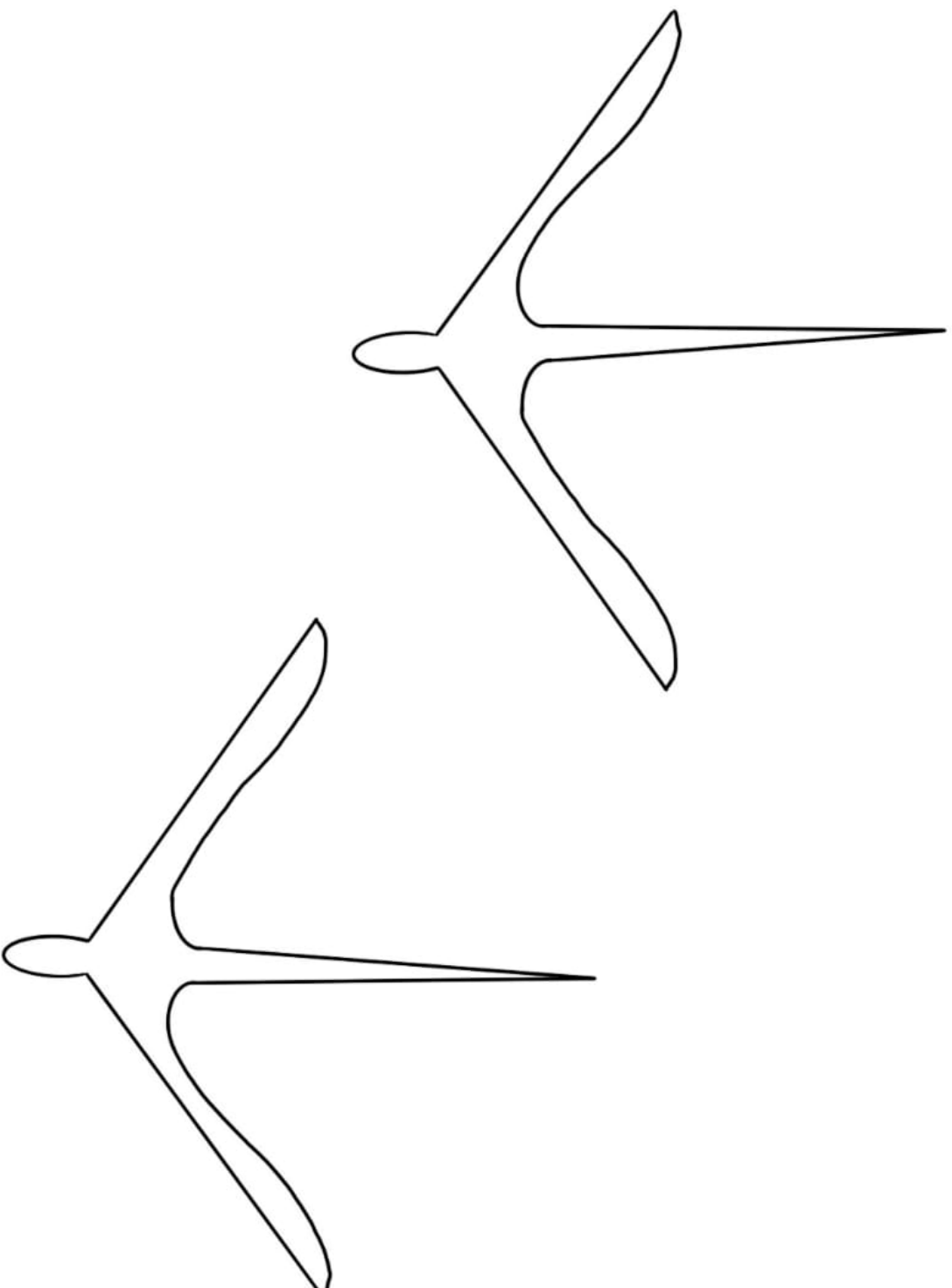


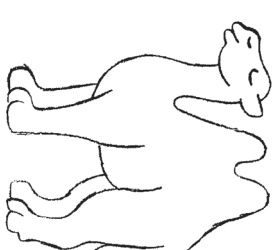
Gorilla



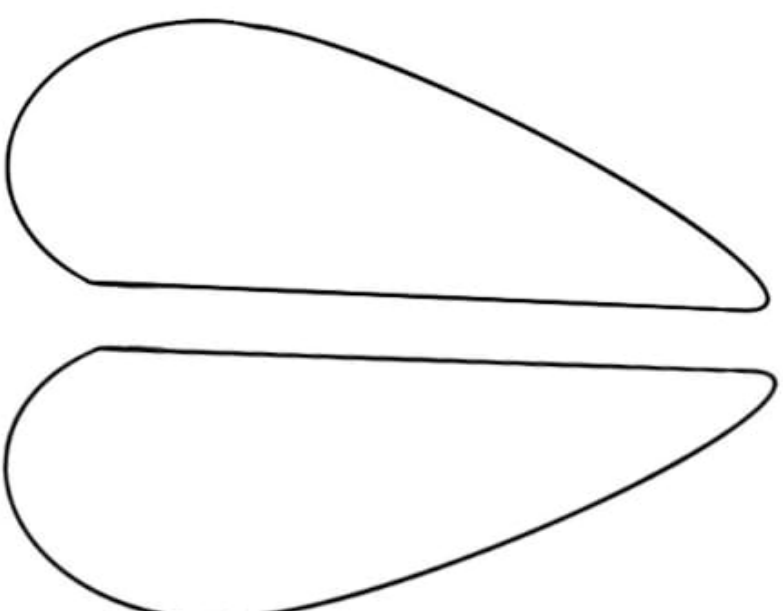
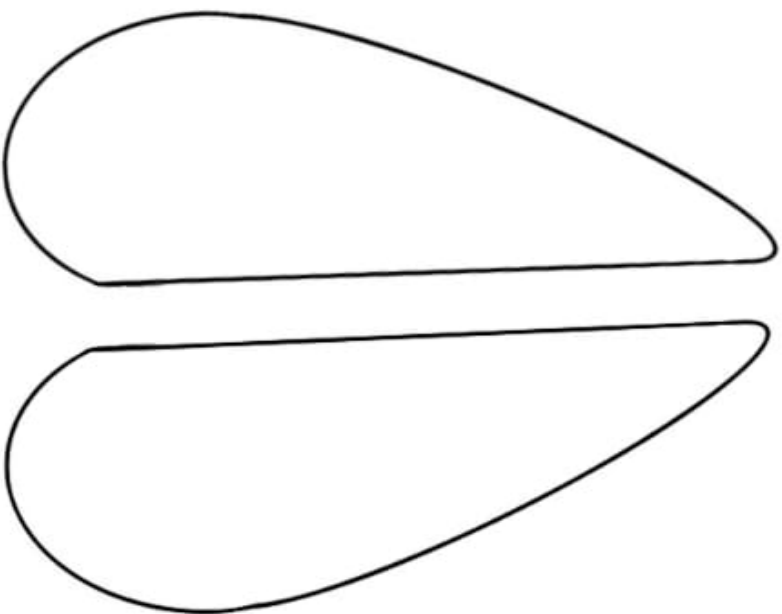


Turkey



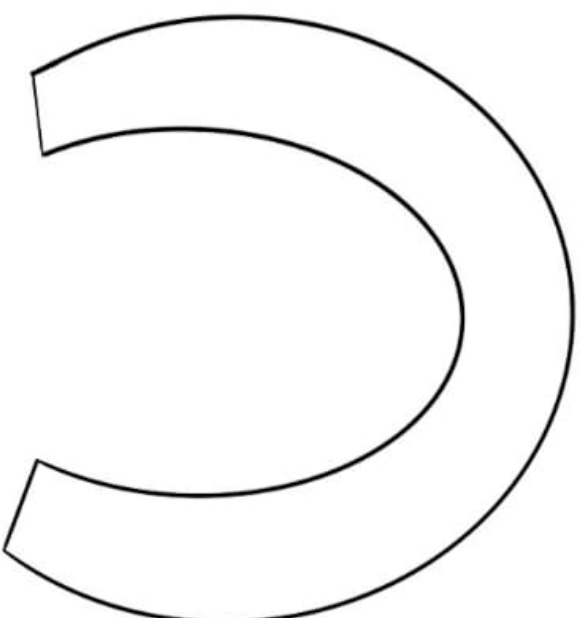
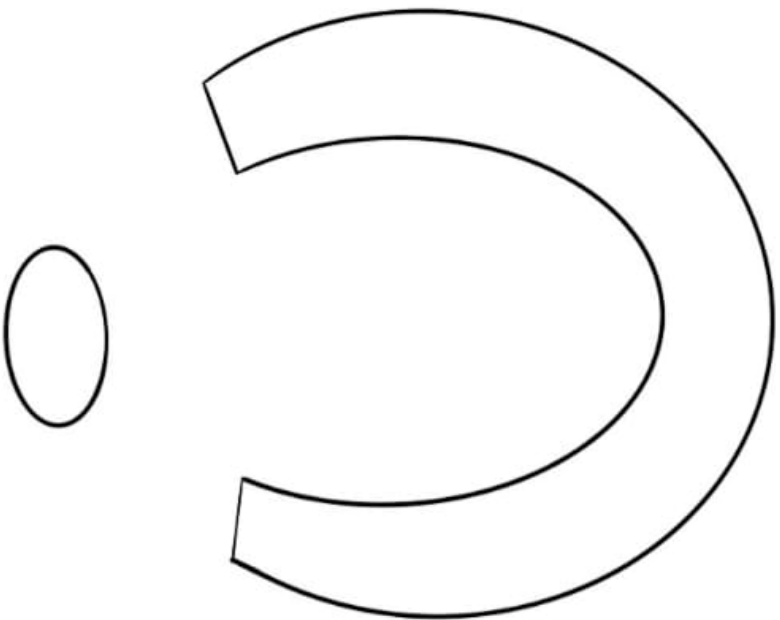


Camel



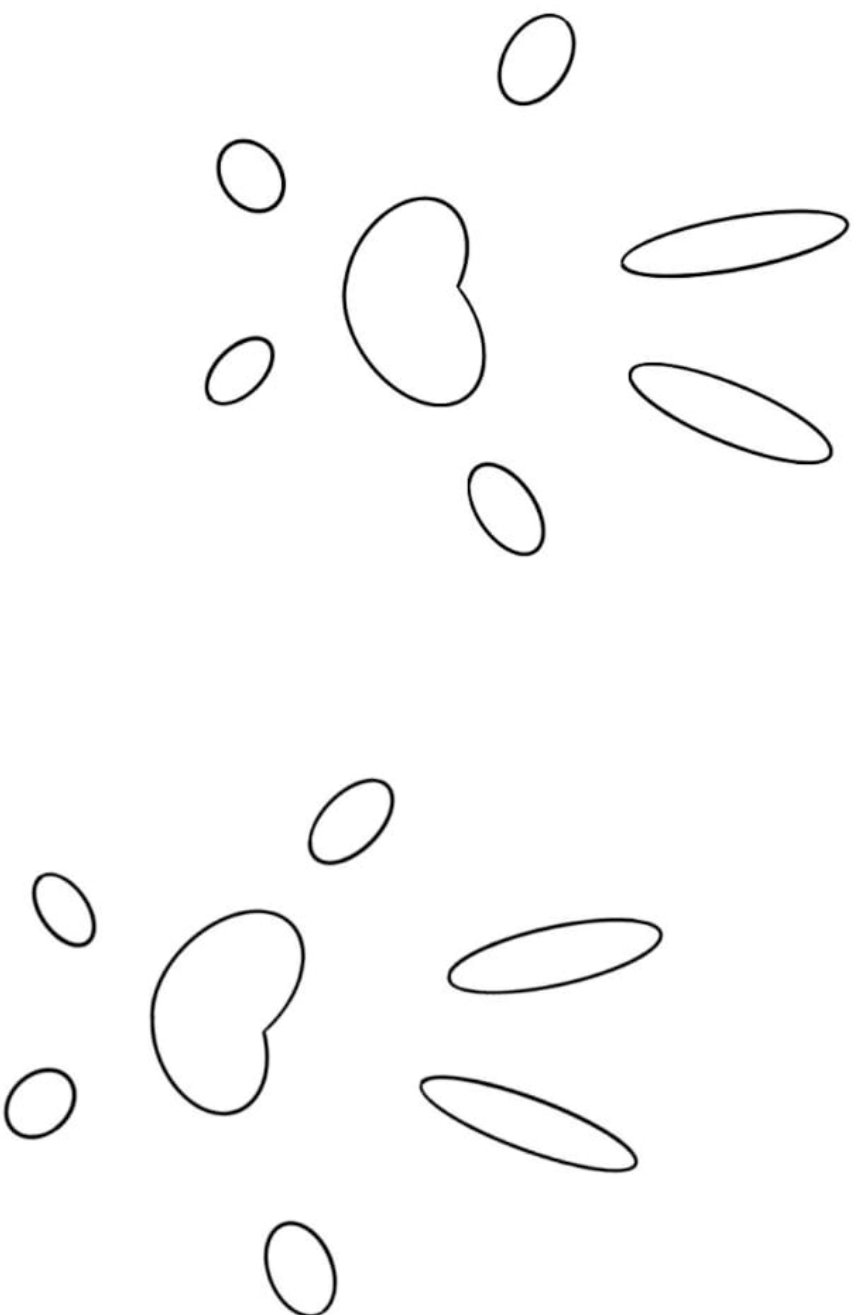


Horse



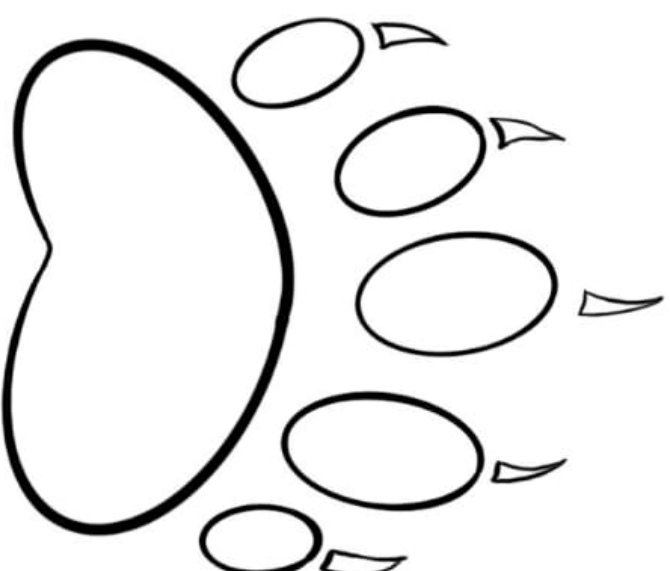
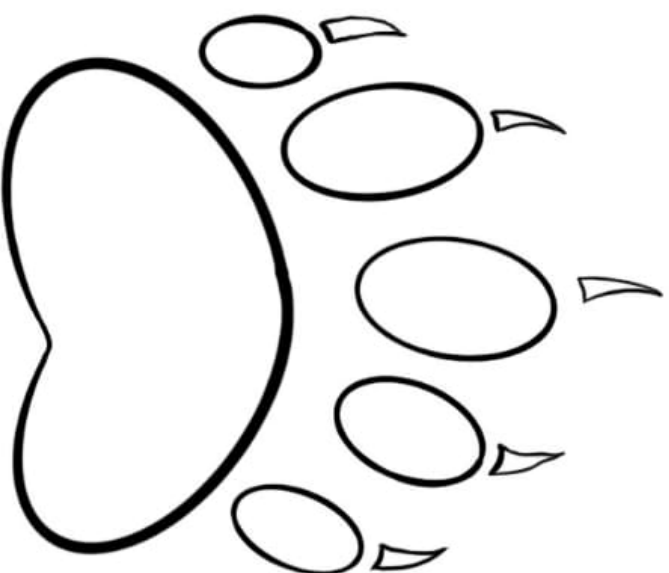


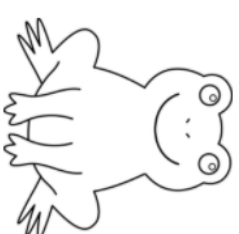
Mouse



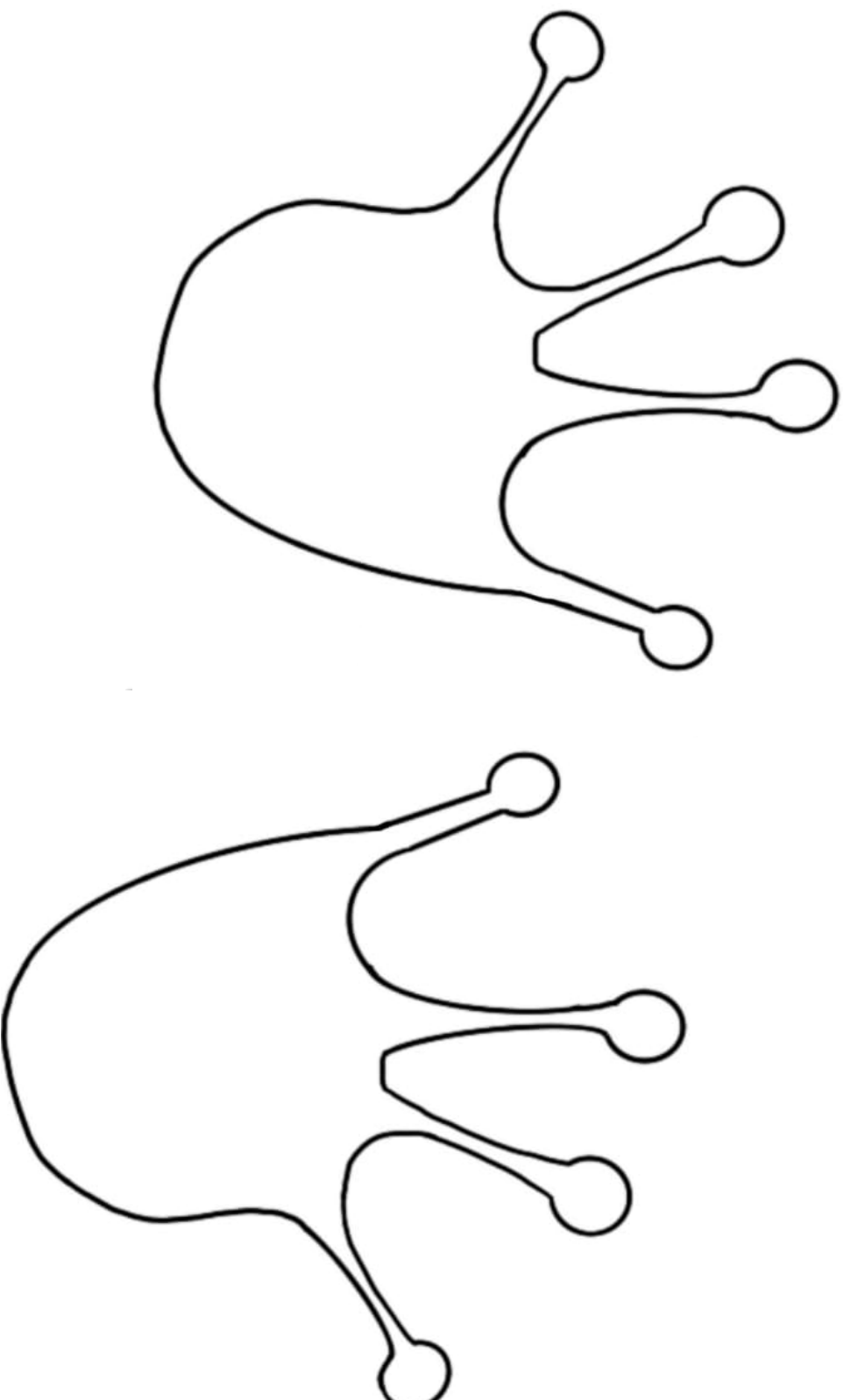


Bear



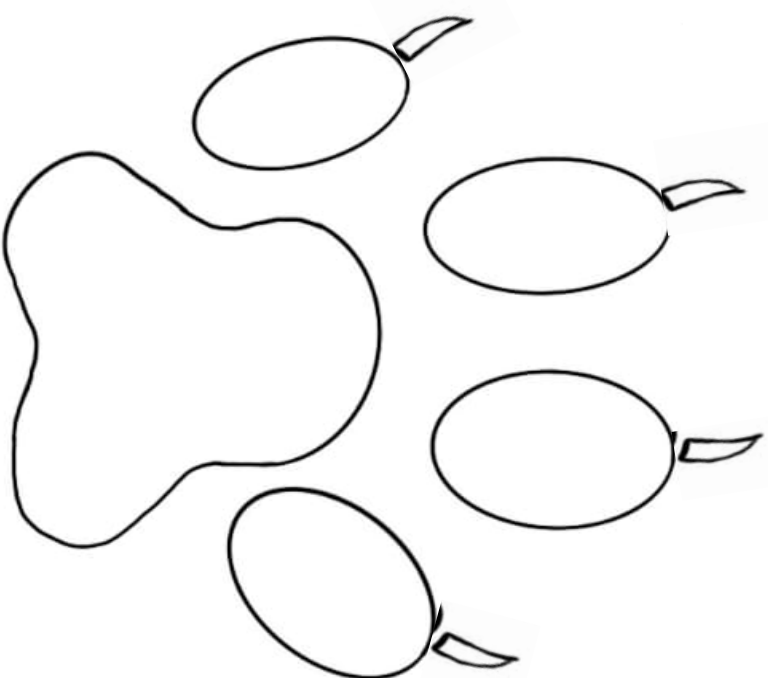
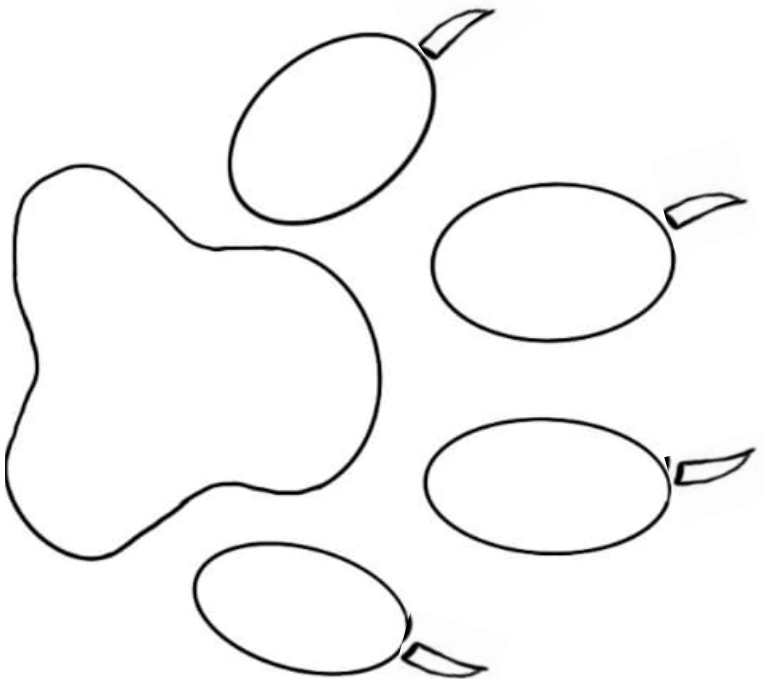


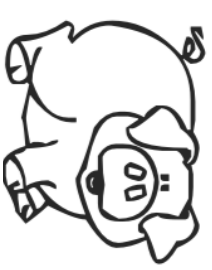
Frog



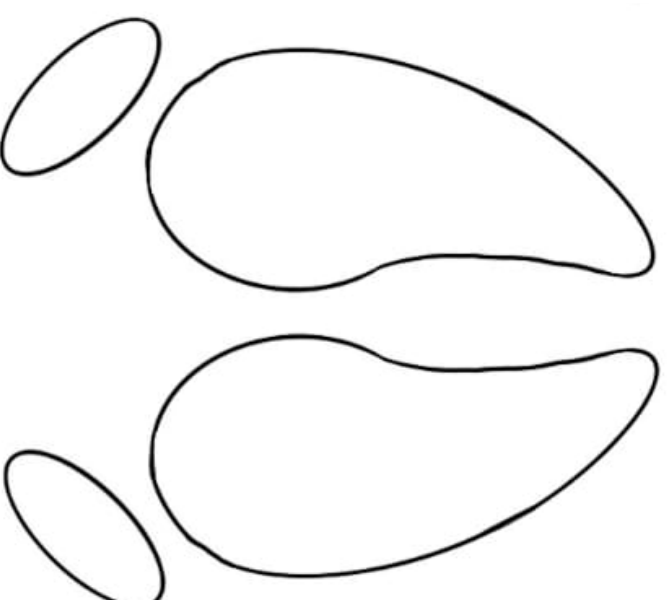
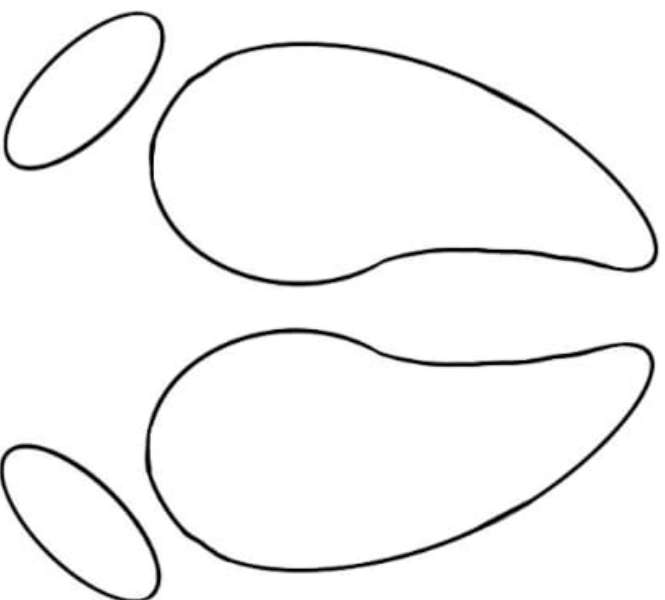


Lion



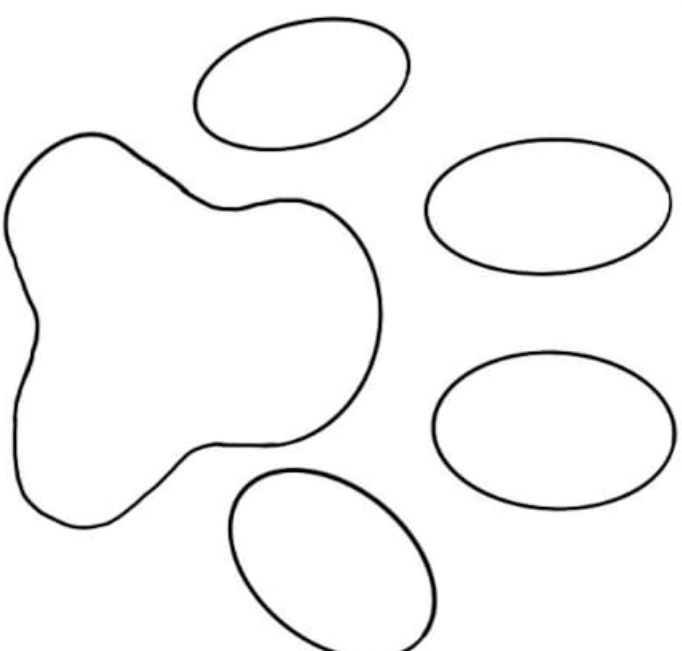
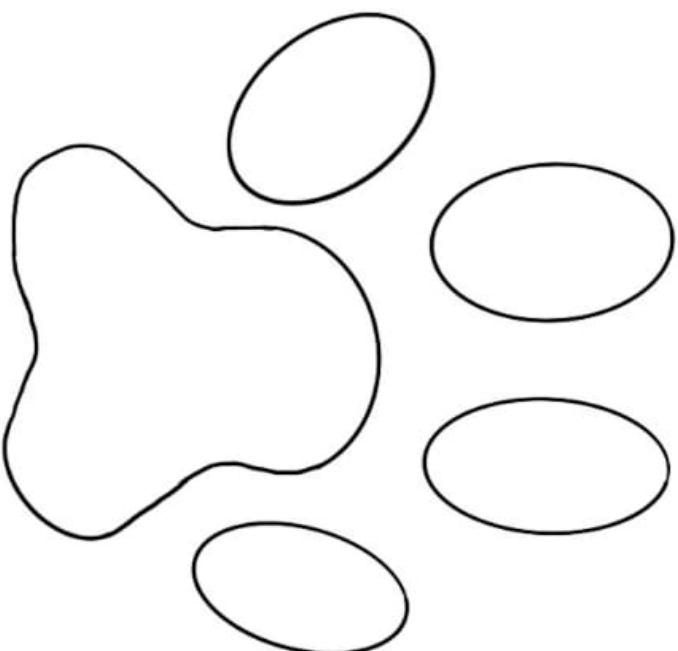


Pig





Dog









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