## **Free Secondary School Resource Hub**

Following the success of our primary school resource pack, our Secondary School Resource Hub has been created in collaboration with secondary school teachers and other education experts and features downloadable lesson plans, activity templates and other practical ideas to get 11-16 year olds talking about military life in school. It also includes details of how schools can set up and run their own Forces Life Club. Schools can register for the Resource Hub and download all the resources for free at www.littletroopers.net/littetroopersatschool

## **Little Troopers Secondary School Military Child Wellbeing Course**

We are also just about to launch the Little Troopers Secondary School Military Child Wellbeing Course. This six-week interactive course template has been created alongside educational psychologists and mindfulness experts and is designed to be delivered to small groups of older military children and encourages them to explore some of the more challenging aspects of military life, as well as introducing them to positive tools they can use to cope with change and challenge, both now and in the future. This is not for children in crisis, but a course that can benefit all military children. Each week focuses on a different topic including separation, deployment, house moves and living abroad, as well as the personal themes of belonging, identity and mindfulness. Schools can now register to receive the course template in the post at www.littletroopers.net/littletroopersatschool

## **Primary School Roadshow**

Finally, in June, we will be running a virtual primary school roadshow involving twenty live workshops delivered to schools up and down the country.

The two-hour live workshop is completely free to attend and is open to all schools in your area with military children aged 4 to 11. The interactive workshops will utilise existing Little Troopers lesson plans and activities from our Primary School Resource pack to explore some of the unique challenges and opportunities that service children experience as members of the British Armed Forces community. Children will leave the session feeling proud of their identity as a forces child, as well as feeling as though their unique circumstances and life experiences have been acknowledged and understood. For more information about our virtual primary school events visit: www.littletroopers.net/little-troopers-at-school/virtual-roadshow/

We hope that you have found the information useful. If you would be interested in finding out more about Little Troopers or our At School project then please get in touch.