



Tuesday 18th May 2021

Psychoeducation: What is Psychoeducation & why is it helpful?

This session aims to explore psychoeducation relating to autism and the support offered in the Enfield EASA team for children and young people in understanding their diagnosis. We will be outlining the aims of psychoeducation and why it is important, sharing the 'All About Me' model devised by Andrew Miller and how this has been implemented. As Educational Psychologists in the EASA service, we support schools in the delivery of this training, as well as identify resources which can enable greater understanding of ASC for parents, teachers and children and young people.

Led by Elena Kombou & Claire Collins, Enfield Educational Psychologists



Tuesday 25th May 2021

Psychoeducation for Siblings of children & Young People with Autism

This workshop outlines a psychoeducational intervention aimed at enhancing understanding of ASC from a sibling's perspective. The training will explore research into siblings' experiences and offer an intervention programme for siblings, which will run in the next academic year. The group will provide a confidential space, where siblings can develop their understanding of autism and what this means in their context. The aim being to enable siblings to reflect upon their experiences, develop awareness of their resources and skills and how they can utilise these to enhance their sibling relationships, contributing to improved overall family wellbeing.

Led by Rebekah Boyd & Claire Collins, Enfield Educational Psychologists