

ENFIELD MUSIC SERVICE
APRIL 2021



SING

&

SIGN

INCLUSIVE SINGING RESOURCES
FOR THE DEAF AND HARD OF HEARING

#DAW2021



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In conjunction with Deaf Awareness Week 2021, we have put together a selection of resources that are inclusive of and accessible to pupils who are deaf or hard of hearing. We have included teaching and development suggestions for our featured song, *Reach out your hand* by Hollie Williams and Bottletop Music, and lyrics and links to signing videos for a selection of other songs from our Hub Partner Sing Up.

A huge thank you to Elena Browne, our Head of Singing, for researching the resources and to Ruth Montgomery from Blanche Nevile School for Deaf Children for consulting with us on the most appropriate resources to include and the use of sign language.

We hope you enjoy using this resource with all your pupils!

Wendy Kemp
Head of Enfield Music Service





REACH OUT YOUR HAND

by **Hollie Williams and Bottletop Music**

Performance video: <https://www.youtube.com/watch?v=cFdYs9TvOIU>

Signing tutorial: <https://www.youtube.com/watch?v=ifs0KZUrKAw>

Values: Compassion/Kindness/Friendship

This song was originally written for sign2sing 2016. Sign2sing is the annual fundraising event organized by the Deaf health charity SignHealth, originally launched in 2011 as an event aiming to break the world record for the most people performing sign language simultaneously in different locations. It has now gone on to become an annual event, encouraging more people to learn British Sign Language with music and is the only mass participation signing event in the UK.

As you watch the video think about these suggestions for discussion:

- Reaching out to others
- Being considerate, helpful, kind and compassionate
- How can we all brighten someone's day by being kind, helpful and friendly?
- Consider ways to ensure everyone feels welcome and included around school
- Think about playground behaviour and including others in our games and groups
- Playground songs such Bungalow and Shabuya are a great way to encourage inclusion.





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These are some other examples of songs with sign language to enhance Wellbeing, inclusion and togetherness:

As One

Bottletop Music

Together

Bottletop Music

True Colours

Sung by Cyndi Lauper and written by Billy Steinberg & Tom Kelly

You are my brother

From the musical Hosanna Rock by Sheila Wilson





GRANDMA RAP

Traditional

Signing video: <https://www.youtube.com/watch?v=Yh-nwPZxSmY>

Grandma, Grandma sick in bed
She called for the doctor and the doctor said,
Grandma, Grandma you ain't sick;
'All you need is a walking stick!'

And an up, shake, shake, shake, shakerdy shake,
And a down, shake, shake, shake, shakerdy shake,
And an up, shake, shake, shake, shakerdy shake,
And a down, shake, shake, shake, shakerdy shake,
To the back, to the front, to the s-s-side,
To the back, to the front, to the s-s-side,

She never went to college, she never went to school,
But I bet your bottom dollar she can wriggle like a fool!
(dance)

Repeat the whole song!



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IT'S GOOD TO BE ME

by Melanie Barber, Geraldine Gaunt & Phil Needham

Signing video: https://www.youtube.com/watch?v=SnI_XRNpDq0

One two three, good to be me,
One, two, three.
(repeat)

One two three, it's good to be me
And I want the world to know it's good to be me.
(repeat)

I'm a special person and there's only one of me,
And no-one else is prouder of the person that is me.

One two three, good to be me,
One, two, three.
(repeat)

One two three, it's good to be me
And I want the world to know it's good to be me.
(repeat)

I'm a special person and there's only one of me,
And no-one else is prouder of the person that is me.

One two three, good to be me,
One, two, three.
(repeat)





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I'm a special person and there's only one of me,
And no-one else is prouder of the person that is me.

One two three, good to be me,
One, two, three.

One two three, good to be me,
One, two, three.

One two three, good to be me,
One, two, three.

One two three, good to be me,
One, two, three.



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JUST LIKE A ROMAN

by Suzy Davies

Signing video: <https://www.youtube.com/watch?v=IYdoqFmJf6o>

Slowly:

In circa forty three A.D. the Romans came from overseas
And thanks to archaeology, we know a lot about them.

Chorus:

Gonna tell you how to
Eat like a Roman, eat like a Roman,
Drink like a Roman, drink like a Roman,
Dress like a Roman, dress like a Roman
Think like a Roman, think like a Roman,
Pray like a Roman, pray like a Roman
Build like a Roman, build like a Roman
Slay like a Roman, slay like a Roman
Party like a Roman!



Verse:

They were very fond of feasts and always wanted more to chew
With wine and veg'tables and beasts
They stuff'd all and stuff'd until they threw up (blergh!)
Rich Romans lik'd to dress with flair, in togas, cloaks and jewell'ry.
They would sometimes bleach their hair,
With ash and vinegar and wee! (ewwww!)

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Chorus:

Gonna tell you how to
Eat like a Roman, eat like a Roman,
Drink like a Roman, drink like a Roman,
Dress like a Roma, dress like a Roman
Think like a Roman, think like a Roman,
Pray like a Roman, pray like a Roman
Build like a Roman, build like a Roman
Slay like a Roman, slay like a Roman
Party like a Roman!



Verse:

They worshipp'd many diff'rent deities, for ev'ry aspect of their life,
Mighty Jupiter was king of these, and Juno was his wife
The Roman's building work was great,
Their sewage system takes some beating.
The roads they laid were super straight,
And they invented central heating.

Chorus:

Gonna tell you how to
Eat like a Roman, eat like a Roman,
Drink like a Roman, drink like a Roman,
Dress like a Roma, dress like a Roman
Think like a Roman, think like a Roman,
Pray like a Roman, pray like a Roman
Build like a Roman, build like a Roman
Slay like a Roman, slay like a Roman
Party like a Roman!



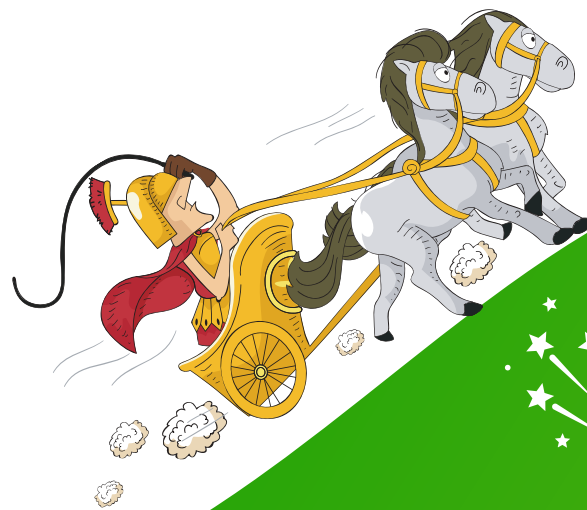


Verse:

They excell'd themselves at war, and conquer'd many other nations,
300 hundreds thousand troops or more, took very good organisation.
The Romans lik'd to have a laugh, (ha ha ha)
Gladiator fights and chariot races,
A visit to the public baths
Would put a smile upon their faces.

Chorus:

Gonna tell you how to
Eat like a Roman, eat like a Roman,
Drink like a Roman, drink like a Roman,
Dress like a Roma, dress like a Roman
Think like a Roman, think like a Roman,
Pray like a Roman, pray like a Roman
Build like a Roman, build like a Roman
Slay like a Roman, slay like a Roman
Party like a Roman,
Party like a Roman,
Party like a Roman,
Just like a Roman!



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GOSPEL MEDLEY

Traditional

Signing video: <https://www.youtube.com/watch?v=FxPOromTmpE>

Sing each song one after the other then sing all three songs at the same time!

Swing low sweet chariot,
Coming for to carry me home
Swing low sweet chariot,
Coming for to carry me home.

Oh when the Saints,
Oh when the Saints,
Oh when the Saints go marching in..
I'm gonna be in that number
When the saints go marching in.

I'm gonna sing, sing, sing,
I'm gonna dance, dance, dance,
I'm gonna sing, I'm gonna dance,
Hallelu!

When the gates are open wide, I'll be standing by your side,
I'm gonna sing, I'm gonna dance,
Hallelu!



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AIN'T NO MOUNTAIN HIGH ENOUGH **by Nickolas Ashford & Valerie Simpson**

Signing video: <https://www.youtube.com/watch?v=QHDthkY13GA>

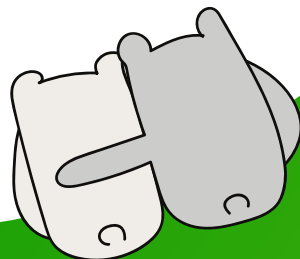
If you need me, call me
No matter where you are
No matter how far,
Don't worry, brother.
Just call out my name
I'll be there in a hurry, you don't have to worry.

'Cos baby there ain't no mountain high enough,
Ain't no valley low enough,
Ain't no river wide enough,
To keep me from getting to you, babe.

Remember the day,
You set me free,
I told you you could always count on me
From that day,
I made a vow
I'll be there when you want me, somewhere, somehow.

'Cos baby there ain't no mountain high enough,
Ain't no valley low enough,
Ain't no river wide enough,
To keep me from getting to you, babe.

To keep me,
From getting to you.





THREE LITTLE BIRDS

by **Bob Marley**

Signing video: <https://www.youtube.com/watch?v=Ore4obZ3BEA>

Don't worry
About a thing
'Cause evr'y little thing
'S'gonna be alright

Singing don't worry
About a thing,
'Cause evr'y little thing
'S'gonna be alright

Rise up this morning
Smile with the rising sun
Three little birds
Pitch by my doorstep
Singin' sweet songs
Of melodies pure and true
Singin' this is my message to you

Singing don't worry
About a thing
Cause every little thing
'S'gonna be alright

Singing don't worry
About a thing
Cause evr'y little thing
Gonna be alright



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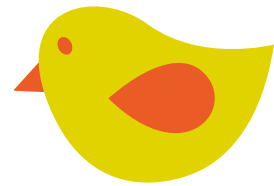
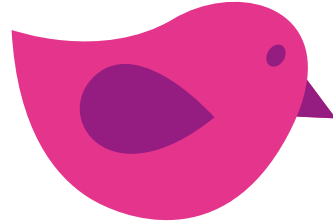
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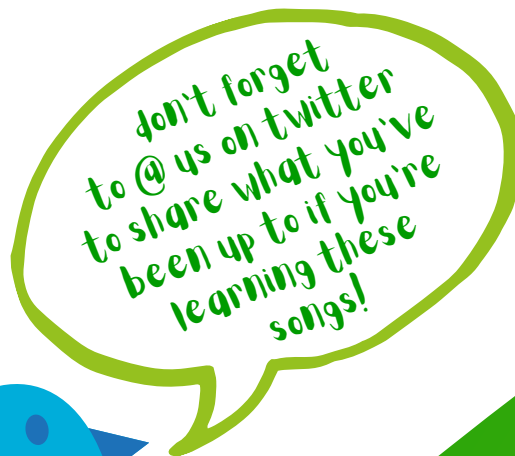
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Rise up this morning
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Singing don't worry
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