

31 August 2021

FAO of all Headteachers, Deputy Headteachers, SENFCOs, Safeguarding Leads, Pastoral Leads, Mental Health Leads

Mental Health Support Teams Expansion

Education Setting Expression of Interest Form

2021-2022

Dear Colleagues,

The aim of this communication is to invite expressions of interest from educational settings to be involved in the expansion of Enfield's MHST.

This is an invitation for schools that are not currently part of the MHST programme.

Background


Enfield's Mental Health Support Teams (MHSTs) launched in October 2019 and they are a collaborative project across the North Central London Clinical Commissioning Group (Enfield), Barnet Enfield and Haringey Mental Health Trust's CAMHS and Enfield Council's Educational Psychology Service.

The MHSTs are a major expansion in the children and young people's mental health workforce and Education Mental Health Practitioners (EMHPs) represent the majority of the MHST workforce with 4 EMHPs in each team.

Enfield currently has the equivalent of two MHSTs and the team is known locally as '*My Young Mind Enfield*'. They are currently funded to reach 37 educational settings and are part of the broader offer of support in schools and work in partnership with partner services to complement the 'team around the school' or 'team around the child/young person and family'.

Tony Theodoulou
Executive Director People
Enfield Council
Civic Centre, Silver Street
Enfield EN1 3XY

www.enfield.gov.uk

 If you need this document in another language or format contact the service using the details above.

MHSTs are commissioned to deliver three core functions:

1. Deliver evidence-based interventions for mild to moderate mental health and emotional wellbeing needs
2. Support senior mental health leads in education settings to develop and introduce their whole-school or whole college approach to mental health and emotional wellbeing
3. Providing timely advice to staff and liaising with external specialist services so that children and young people can get the right support and remain in education.

MHST Expansion

We are delighted to announce that Enfield has been funded to develop a further MHST which will include expanding the current team and training a further 4 EMHPs. We are now in the process of identifying education settings that are interested in being an education placement setting and host EMHPs in their training year.

The education placement settings will provide the EMHPs with the opportunity to meet their course requirements. This will involve delivering a range of evidenced-based group and individual interventions to children and young people with mild-moderate mental health needs and/or their parents and carers.

We are ideally seeking expressions of interest from **8-10 primary and secondary settings** at this stage. The expectation of the education placement setting will be to provide the following:

- An induction and orientation for the EMHPS trainee(s), according to Covid secure guidance at the point of induction (e.g. premises orientation, intervention spaces, introduction to key staff and existing support available for pupils, safeguarding, health and safety, and other relevant procedures).
- The opportunity to support the senior mental health lead to develop or build on their whole school or college approach to mental health (*this will be with the support of experienced members of the MHST and other partners who work in your school*)
- The opportunity to conduct and assessment of a child or young person's mental health needs.

- The opportunity to deliver evidence-based group and individual interventions to children and young people with mild – moderate mental health needs and/or their parent and carers, tailored to the needs of each setting.
- Agreed referral pathways within the school (including whether self-referral by CYP or families is possible)
- Communication with the school community regarding trainee EMHP role, remit and training requirement.

We are asking for EOIs to be returned by **Friday 30th September 2021**. We appreciate the challenging timescales, however please review the commitment required and indicate if your education setting is able and interested in participating.

Criteria will be applied to support selection if required. (Ofsted rating will NOT be a determining factor). All education settings will be notified once all EOIs have been reviewed.

[Link to the Expression of Interest Form](#)

Please forward any questions/queries to:

Chantell Douglas (Clinical Lead for Enfield MHST) chantell.douglas@nhs.net

Your faithfully



Suzy Francis
Principal Educational Psychologist
Strategic Lead for CYP Mental Health and Emotional Wellbeing (Education Lead for the MHST)

On behalf of Enfield's MHST Implementation Team