

Does your child have asthma? Your child will need:



an asthma management plan



the correct inhaler technique



an annual asthma review

What you can do:

- Ask your GP or school nurse for an asthma management plan
- Ask your pharmacist, GP or nurse how to use their inhaler correctly
- Ask your GP, asthma nurse or consultant for an annual asthma review for your child



These three important steps can prevent an emergency admission to hospital and even save a life.



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