

YOUTH ALIVE



FOR 10-19 YEARS

FREE OR LOW COST

JOIN IN NOW



DO YOU WANT TO

- LOOK AFTER YOUR WELLBEING
- BUILD YOUR CONFIDENCE
- FEEL EMPOWERED
- LEARN A NEW SKILL
- BUILD ON YOUR HAPPINESS
- TAKE PART IN PHYSICAL ACTIVITIES

- ACTING
- COOKING
- FOOTBALL
- MINDFULNESS
- MUSIC
- BASKETBALL
- TEAMSPORTS

GET INVOLVED

DO YOU LIVE IN THE BOROUGH OF ENFIELD?

EMAIL: socialprescribing@enfieldva.org.uk

TEL: 07513 358972

www.enfield.gov.uk/healthandwellbeing

All activities will be carried out in line with Public Health England Guidance on coronavirus infection, prevention and control

