

# Ka welwelka lacagta?

Taageero ayaa laga heli karaa Enfield



Saddex tilaabo oo aad ku heli karto xulashooyin iyo meelo aad caawimo ka hesho

Talaabadda 1:  
Waa maxay dhibaatada maanta?

## Si lama filaan ah baan u lacag waayay

- Shaqo lumis ama saacado yaraaday
- Lacagtu ayaa joogsatay
- Lacag luntay
- Kharash aan la filayn
- Masiibo (sida daad ama dab)
- Xariir burburay
- Cunaqabatayn (fiiri ikhtiyaarka: 5)

Fiiri xulashooyinka 1 2 6

## Lacagtaydu iguma filna

- Kala doorasjada cuntada, shidaalka, iyo kaarka mobilada
- Dakhli hoose
- Qandaraaska lacag bixinta shaqo la'aanta
- Mushaharka jirrada ee sharciga ah oo aad u hooseeya
- Soo wajahaya shaqo-ka-joojin
- Aan hubin u qalmidda taageero iyo in kale
- Isbeddelka duruufaha

Fiiri xulashada 1 2

## Deyn baan qabaa

- Rirada ama Canshuurta Dawladda Hoose
- Gaas iyo koronto
- Amaahda mishaarka laga jaro
- Saaxiibo ama qoys lacag kugu leh
- Dib u bixinta faa'iidada

Fiiri xulashada 3

## Waxaan sugayaa lacag-bixin faa'iido ama hormaris

- Sheegasho cusub oo faa'iido ah
- Lacag bixinta oo daahday
- Sugidda go'aan

Fiiri xulashooyinka 1 4

## Talaabadda 2: Waa maxay ikhtiyaarada?

### 1 Qorshayaasha Taageerada Dawladda Hoose

Qof kasta oo da'diis tahay shaqo iyo dakhli yar ayaa laga yaabaa inuu u qalmo (Amaahda Dadweynaha) Universal Credit. Iyadoo ku xiran duruufahaaga waxaad xaq u yeelan kartaa inaad dalbab **gargaarka guriyeenta**. Haddii dakhligaaga hooseyo oo aad ku dhibtoonayso inaad bixiso cashuurta dawladda hoose, fadlan la xidhiidh degmada aad ku nooshahay si aad u codsato **taageerada cashuurta dawladda hoose**. Haddii aad helayso waxa kor ku xusan oo aad weli la daaladhacayso, waxa laga yaabaa in aad xaq u yeelato **lacag-bixin dheeraad ah (discretionary paymen)**.

Wax badan ka ogow: [www.enfield.gov.uk/financialhardship](http://www.enfield.gov.uk/financialhardship)

### 2 Kordhi Dakhligaaga

Ruux kasta kaasoo u halgamaaya dhakhaale ahaan waxuu heli karaa hubin faa'iido iyo si ula hadlo lataliye lacag la'aan ah iyo talo qarsoodi ah. Hubinta faa'iiddada waxay xaqijjin kartaa inaad heleyso dhammaan lacagta xaq u leedahay adiga, gaar ahaan haddii dhibaatooinkaaga mardhow isbeddelay. La hadalka lataliye waxa kale oo ay kaa caawin kartaa in aad heshid heshiisyo ka jaban sida gaaska iyo korontada oo aad hubiso in aadan ka maqnaan waxyabaha ay ka midka yihiin cundada dugsiga ee bilaashka ah.

### 3 Kala Talinta Deynta

Daynta waxay ku dhici kartaa qof kasta. Talada lacag la'aanta waxay kaa caawin kartaa inaad raadiso hab si uga maareyso deymahaaga iyo si u yareeyso intaad bixiso bil kasta.

## Talaabadda 3: Halkee ka helaa caawinaad? Taageero bilaash ah oo qarsoodi ah

### DAWLADDA HOOSE EE ENFIELD

**Talo-siinta Daryeelka iyo Taageerada deynta**  
Hal meel oo lagala xidhiidho arrimaha dakhliga iyo deynta dawladda dhhex, kaalmaynta dadka deegaanka si kor loogu qaado dakhliga, bixinta deymaha golaha lagana saaro caqabada shaqada [www.enfield.gov.uk/financialhardship](http://www.enfield.gov.uk/financialhardship) [www.enfield.gov.uk/financialhardship](http://www.enfield.gov.uk/financialhardship)

Caawinno xulashooyin leh: ① ② ③

### TALO-SIINTA MUWAADINIINTA ENFIELD

Talo bilaash ah, la heli karo oo tayo leh oo ku saabsan dhibaatooyin sida guriyeenta, shaqada, dheefaha, deymaha ama arrimaha socdaalka 0808 278 7837 (telefoonka bilaashka ah) [www.citizensadviceenfield.org.uk/contact-us](http://www.citizensadviceenfield.org.uk/contact-us)

Caawinno xulashooyin leh:

① ② ③ ⑤ ⑥

### XARUNTA DEYNTA EE ENFIELD

Taageerada deynta labada luuqad - Ingiriisi iyo Roomaniyaan  
07596 735 789  
[info@enfielddebt.org](mailto:info@enfielddebt.org)  
[www.sentlondon.co.uk/enfield-debt-centre](http://www.sentlondon.co.uk/enfield-debt-centre)  
Caawinno xulashooyin leh: ② ③ ⑥

### Adeegga La-talinta Guriyeenta

Talosiinta guryeynta iyo taageerada kuwa guri la'aanta ah ama khatarta ugu jira inay noqdaan guri la'aan  
[housingadviceservice@enfield.gov.uk](mailto:housingadviceservice@enfield.gov.uk)  
[new.enfield.gov.uk/services/housing](http://new.enfield.gov.uk/services/housing)

Caawinno xulashooyin leh: ①

### TALO-SIINTA MUWAADINIINTA QARAN

[www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)  
Caawinta Amaahda Dadweynaha ah La Sheegan Karo  
0800 144 8444 (telefoon bilaash ah)  
Caawinno xulashooyin leh: ② ④

qadka Deynta

0800 240 4420 (telefoon bilaash ah)

Caawinno xulashooyin leh: ③

### MASIXXIINTA LA DAGAALAMA FAQRIGA

Taageerada deynta bilaashka ah iyo koorsooyinka miisaaniyada ee Enfield  
0800 328 0006 (telefoon bilaash ah)  
[www.capuk.org](http://www.capuk.org)

Caawinno xulashooyin leh: ③

### 4 Hormarinta Faa'iidata

Haddii sameysay cawasho cusub oo faa'iido ah iyo dhakhaalo ahaan adag tahay goortaad sugeyso lacag bixintaada koowaad, waxaad awoodi kartaa si aad u hesho hormarin si aad u awoodid sheyada sida kirada iyo cuntada. Waa muhiim inaad hesho talo intaad qaadanin ka hor hormarin. Horumarinta faa'iidata waa qasab in dib loo bixiyo, iyo lacagtana waxaa lagaa qaadi doonaa faa'iidooyinka mustaqbalka (dayn).

### 5 Lacag bixinta Dhibaatada

Haddii lagu ganaaxay, waxaad awoodi kartaa inaad codsato lacag bixinta dhibka ah goobta shaqada. Lacag bixinta dhibka ah lama bixiyo isla markiba marwalba, iyo mana heli karo qof walba. Lacag bixinta adag ee Daynta Caalamiga ah waxay u baahan yihiin in dib loo bixiyo (dayn), laakiin lacag bixinta adag ee Gunnada Shaqo-doonka ama Gunnada Taageerada Shaqaalaynta (ma'ahan dayn).

### 6 Diidmada Go'aan

Waad la doodi kartaa go'aanka faa'iiddada haddii la joojiyay faa'iidaada/ la mamnuucay/ la yareeyay/ la diiday ama bixisay lacag dheeraad ah. inta badang go'aamada faa'iidaada waxay u baahan yihiin in laga doodo hal bil gudaheeda.

## Taageerada deynta iyo dheefaha kale

### TAAGEERADA DHEEFAHA KALE

**Isku-xirka Enfield (Enfield Connections)**  
Talo iyo kaalmo loogu talagalay dadka waaweyn ee nugul ee qaba su'aalahfaa'iiddada, buuxinta foomka onlayska iyo wax ka badan  
0203 960 0129  
[info@enfieldconnections.org](mailto:info@enfieldconnections.org)  
Foomka is-gudbinta: [www.bit.ly/EnfieldSelf](http://www.bit.ly/EnfieldSelf)

### Xarunta Daryeelayaasha Enfield

Tababarka, macluumaadka iyo taageerada daryeelayaasha oo ay ku jiraan taloooyinka faa'iidooyinka, maamulka lacagta, iyo shaqada [www.enfieldcarers.org](http://www.enfieldcarers.org)  
0208 366 3677  
[info@enfieldcarers.org](mailto:info@enfieldcarers.org)

### Turn2us

Taageerada macluumaadka iyo dhaqaalaha si dadka loogu caawiyo inay dib ugu soo laabtaan wadadii saxda ahayd, oo ay ku jiraan xisaabiyyaha dheefaha iyo deeqaha laga yaabo inaad codsato  
0808 802 2000  
[www.turn2us.org.uk](http://www.turn2us.org.uk)

Booqo [www.gov.uk](http://www.gov.uk) si aad u hesho liiska dhammaan faa'iidooyinka ay ku jiraan naafanimada:  
[www.gov.uk/browse/benefits](http://www.gov.uk/browse/benefits)

### TAAGEERADA KALE EE DEYNTA

**Samafal**  
Adeegyada shaqada ee lacag la'aanta ah, koorsooinka maamulka lacagta iyo taageerada deynta labada luuqad - Ingiriisi, Carabi, Soomaali & Turki  
[info@samafal.org.uk](mailto:info@samafal.org.uk) | [www.samafal.org.uk](http://www.samafal.org.uk)

### Debt Free London

Talo khabiir oo ku socota dadka reer London ee deynta ku dhib qaba. Bogagga talada waxaa loo turjumi karaa Polish, Bengali, Gujarati, Urdu & Isbaanish  
0800 808 5700 | [www.debtfree.london](http://www.debtfree.london)

### Khadka Deynta Qaranka

Talobixin deyn bilaash ah oo madax-banaan oo telefoon iyo online ah  
0808 808 4000 | [www.nationaldebtline.org](http://www.nationaldebtline.org)

### Step Change

La-talinta deynta khabiirka ah iyo hagidda lacagta  
0800 138 1111 | [www.stepchange.org](http://www.stepchange.org)

### Kooxda Joojinta Amaahda Sharks (Stop Loan Sharks Team)

Ma u baahan tahay in lagaa caawiyo amaahda shark? La xidhiidh Kooxda Joojinta Amaahda Sharks - adiga oo ku jira kalsoonida ugu adag  
0300 555 2222 | 07860 022 116 (Qoraal)  
[reportaloanshark@stoploansharks.gov.uk](mailto:reportaloanshark@stoploansharks.gov.uk)  
[www.stoploansharks.co.uk](http://www.stoploansharks.co.uk)

# Talo iyo taageero badan

## Age UK Enfield

Maclumaad, talo, u doodid iyo adeegyo fayoobi oo kala duwan oo ka weyn 50  
0208 375 4120  
admin@ageukenfield.org.uk  
www.ageuk.org.uk/enfield

## Mind in Enfield

La xidhiidh adeega Sanctuary haddii aad ku jirto murugo shucuureed oo Aad la halgamaysoo sidii aad ula qabsan lahayd  
0208 906 7509 (Sanctuary)  
0208 906 7506 (Guud)  
www.mindeb.org.uk

## Waxqabadka Naafada Enfield (Enfield Disability Action)

Wuxuu u shaqeeyaa sidii hal goob ah oo loogu talagalay dadka naafada ah  
0208 373 6228 | www.e-d-a.org.uk

## Simply Connect Enfield

Talo, taageero iyo is-caawin, nolol caafimaad leh, kooxaha bulshada iyo hawlahaa connectwell@enfielddva.org.uk  
www.enfield.simplyconnect.uk

## Hoy

Talo bixin guri oo bilaash ah  
0808 800 4444 (telefoon bilaash ah)  
www.england.shelter.org.uk

## Foojarrada Bilowga Caafimaadka leh (Healthy Start Vouchers)

Si lagaaga caawiyo iibsashada miro, khudaar iyo caano haddii dakhligaagu hooseeyo, uur leedadah ama aad leedadah ilmo ka yar 4 sano.

Ka codso onlayn: [www.healthystart.nhs.uk](http://www.healthystart.nhs.uk)

## Soo-galotiga aan heli karin dhaqaalaha dadweynaha (NRPF)

### Mashruuca 17

Talo ku saabsan guryaha iyo fursadaha dhaqaale ee qoysaska leh carruurta ay soo food saartay faqri/guri la'aan daran sababtoo ah waxay qabaan NRPF  
07963 509 044  
[www.project17.org.uk](http://www.project17.org.uk)

### Mashruuca Midnimada

Taageerada in xaaladda NRPF laga saaro haddii ay khuseyso iyo taageero kale  
[www.unity-project.org.uk](http://www.unity-project.org.uk)

## Foojarrada Bilowga Caafimaadka leh (Healthy Start Vouchers)

Ka codso onlayn: [www.healthystart.nhs.uk](http://www.healthystart.nhs.uk)

## Ku saabsan warqadan

Buug-yaraahaan waxa uu ku salaysan yahay barashada Scotland's A Menu for Change mashruuca waxaana lagu soo saaray taageero ururada hoose. Wuxaad ka heli kartaa waraaqaha 'Ka Walaacidda Lacagta (Worrying About Money?)' si onlayn ah barta [www.foodaidnetwork.org.uk/cash-first-leaflets](http://www.foodaidnetwork.org.uk/cash-first-leaflets). Maclumaadka buug-yaraahaan waxa la cusboonaysiyyay 11/03/22.

Jawaab celinta? Maxaa faa'iido ah ka heshay hagahan? [www.bit.ly/moneyadvicefeedback](http://www.bit.ly/moneyadvicefeedback)



Enfield



Digital version



[www.worryingaboutmoney.co.uk/enfield](http://www.worryingaboutmoney.co.uk/enfield)