

Does your child find it difficult to attend school for emotional reasons?



Join the Educational Psychology Service at a online two-part workshop for parents and carers. We will:

- ▶ Learn more about anxiety
- ▶ Explore what feels helpful for your child and family
- ▶ Discuss working together with schools to help young people attend
- ▶ Share your thoughts and ideas with each other
- ▶ Identify what help and support are available
- ▶ Connect with other parents and carers with similar concerns
- ▶ Consider how we can look after ourselves when things are hard

[Sign up here](#)

Session 1
Tuesday 5th July 2022
1.30-2.30pm

Session 2
Tuesday 12th July 2022
1.30-2.30pm

For more information, please email eps@enfield.gov.uk

www.enfield.gov.uk