



# water only schools

## Water only Champions – Information pack



### Background

The water only school's policy promotes an evidence-based intervention which has a wide range of benefits supporting children's health and weight. Expanding the number of Water only schools (WOS) has been identified as a priority for London's health and care partners through the London Vision and the Mayor's Health Inequalities Strategy. The policy has been delivered in partnership and endorsed as a call to action by London's Child Obesity Taskforce.

### About the role

We want to identify a water only champion from each London Borough to support more schools to become water only. An ideal champion would be someone with connections to schools within the borough, for example a healthy schools borough lead or health improvement officer.

The role of the champion will be to:

- Work with existing networks to understand how many Primary schools in the borough are currently 'water only'
- Communicate best practice and challenges identified by schools to partners
- Look out for opportunities to promote WOS through their wider work, sharing good news stories and case studies from the borough with partners

Water only champions are asked to commit to providing a high-level update on WOS in their borough, frequency to be determined. Please complete the below doodle poll indicating your availability for the first meeting:

<https://doodle.com/meeting/participate/id/bWn5INWa>

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