

I wanted to get in touch regarding the NSPCC schools service and some of the **free** resources that we are offering to schools across London to support with the safeguarding and wellbeing of their pupils. I am keen to reach more schools across London boroughs and engage safeguarding leads with our Direct Services Team to maximise the support we can offer to schools, families and children.

### Speak Out Stay Safe

Speak Out Stay Safe is a free of charge offer, available for children aged 5 to 11 and includes access to interactive video assemblies for both KS1 and KS2. I have already been in touch with a few Camden schools who have delivered this programme and found it supports all aspects of safeguarding in school and across the curriculum of teaching relationships. The programme aims to help children:

- understand abuse in all its forms and recognise the signs of abuse
- understand that abuse is never a child's fault, and they have the right to be safe
- know how to get help, and the sources of help available to them, including our Childline service.

We have also developed supporting classroom resources to go alongside the online assembly. These consist of a Pre-Online Assembly Presentation Pack to use before and a Lesson Plan to use after the online assembly. They provide fun and engaging classroom-based activities that prepare children prior to watching the online assembly and help reinforce learning after the assembly.

### Speak Out Stay Safe SEND Programme

We also have our specially adapted **SEND** version of *Speak out. Stay* which is a safeguarding programme for children with additional needs and disabilities. Together we aim to help pupils understand what abuse is and know who they can talk to if they feel worried, sad or unsafe.

Again, this is a free of charge service, with six-sessions which have been developed jointly by the NSPCC and Image in Action, a specialist organisation with over 30 years of experience working with pupils with learning disabilities. The focus is for children to understand what abuse is and to feel supported and able to talk to trusted adults about any worries. It uses the concept of a safe circle to help pupils understand which trusted adults they can turn to.

The SEND programme materials are aimed at children aged 9 to 11 with moderate learning disabilities, autism spectrum conditions and other additional learning needs, however they may be suitable for a wider group of ages and needs. We understand that pupils will have varying needs and abilities and will respond to different methods, materials and strategies, so the programme can be adapted easily to suit your pupils and maximise their learning.

### DART

Domestic Abuse, Recovery Together (**DART**) service. DART aims to help children and mothers talk to each other about domestic abuse and learn ways to communicate and rebuild their relationship. Women will learn more about how domestic abuse happens and how it affects children. They'll also explore experiences and strategies that can be used as a parent, and children can take part in activities together that can help them build their own understanding of domestic abuse and how they feel. More information on Dart can be found here: [Domestic Abuse, Recovering Together \(DART\) | NSPCC Learning](#)

### In Ctrl

In addition to this, we have our **In Ctrl** service which supports children, parents, and carers with online safety. In Ctrl works with children who may benefit from support around increasing resilience, supporting their emotional wellbeing, and raising awareness of risks and opportunities in the child's online and offline world. It aims at increasing safety and the resilience of children at risk of technology-assisted child sexual abuse. [InCtrl | Group-based programme | NSPCC Learning](#)

### NSPCC Workshops

I'm pleased to say that we are piloting a blended delivery model across several London boroughs, including **face-to-face** volunteer led workshops for pupils in years 5 and 6. The workshop builds on themes from the assemblies around online abuse / safety, and appropriate / inappropriate situations.

Please do get in touch if you have any questions as I know I have included a lot of information here, and feel free to share this email, my details and attached information. I would be more than happy to talk through these services in more detail if interested.

Thank you and I look forward to hearing from you.

Kind Regards,

*Faye*

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