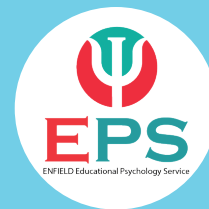


# Does your child find it difficult to attend school for emotional reasons?



**Join the Educational Psychology Service at an online two-part workshop for parents and carers. We will:**

- ▶ Learn more about anxiety
- ▶ Explore what feels helpful for your child and family
- ▶ Discuss working together with schools to help young people attend
- ▶ Share your thoughts and ideas with each other
- ▶ Identify what help and support is available
- ▶ Connect with other parents and carers with similar concerns
- ▶ Consider how we can look after ourselves when things are hard



[Sign up here](#)

## **Autumn Term Dates**

**Session 1**  
**Tuesday 8th**  
**November**  
**13:30-14:30**

**Session 2**  
**Tuesday 15th**  
**November**  
**13:30-14:30**

## **Spring Term Dates**

**Session 1**  
**Tuesday 14th**  
**March**  
**13:30-14:30**

**Session 2**  
**Tuesday 21st**  
**March**  
**13:30-14:30**

**For more information, please email**  
**[eps-sews@enfield.gov.uk](mailto:eps-sews@enfield.gov.uk)**

**[www.enfield.gov.uk](http://www.enfield.gov.uk)**