

Sexual Health Enfield

One-day RSE SEND Online Training Course

As there has been some demand for RSE training for Special Schools, Enfield Professional Learning is offering a one-day online course to help RSHE leads, SENCO, teaching staff and members of the senior leadership team in special schools, ARPs and Units to support young people with additional and unique learning needs.



The course is designed to provide support, resources and ideas around topics such as recognising healthy relationships, consent and safer sex. It will take place on 15th November, 9am – 3pm and will be delivered by Rachael Baker from the Sex Education Forum.

There is a cost of £80 per person and if you are a SEND buyback school this training will be no-cost for 2 members of staff as it is included in the buyback.

For more information or to book a place, please click [here](#).

STI's: Get Tested, Get Treated Blog



At the beginning of October, the UKHSA published [STI data](#) for 2021. As in previous years the 15-24 age group remains at the highest risk of STI's, therefore as practitioners we must continually speak to young people about the importance of safe sex and condom usage.

This [blog](#) summarises the key findings of the report and highlights the importance of continued condom promotion.

Reference: Teenage Pregnancy Knowledge Exchange 06/10/2022.

Talk Relationships

Talk Relationships is a new NSPCC service that aims to ensure young people of secondary school age learn about relationships and sex in a safe educational environment that promotes healthy relationships as well as recognising, responding to, and preventing abuse.



Talk relationships consists of:

- A free e-learning course (for a limited time only).
- A series of 14 lesson plans created by RSE experts at the PSHE Association and NSPCC which are free to download.
- A free helpline that offers advice and guidance around delivering RSE.

Although Talk Relationships is aimed at schools, this resource is useful for all practitioners delivering RSE to young people of secondary school age.

To find out more click [here](#).

Brook's Big RSE Lesson Live



On 12th October 2022, the Sexual Health Charity Brook invited schools across the country to take part in their free 'Big RSE Lesson Live'. It was led by expert Brook educators and was aimed at young people in Year 9 and above. The lesson explored the theme of Breaking Barriers and supported young people to recognise and address difficult topics.

To watch on demand please click [here](#).

Reference: Brook October Newsletter 31/10/2022.

Enfield Sexual Health Services for Under 18's

Looking after young people's sexual health is as important as looking after their physical and mental health. Therefore, to ensure young people are taking care Enfield's sexual health service provide two dedicated clinics for under 18's. These run on Monday's (14:00pm – 18:00pm) at the Town Clinic and Wednesday's (14:30pm – 18:00pm) at Silverpoint Medical Centre in Edmonton. Young people under 18 can also text or call the 4YP nurse directly on 07773 736 500 to get free sexual health and contraceptive advice.

For further details on all clinic days, times and type (walk-in or pre booked appointments) please encourage young people to use the [Echo Clinics website](#) or alternatively call 0208 887 4510 (Monday – Friday: 8:00am – 16:00pm.)

