

## Ashiana & Tender Teacher Training Opportunity

### What is the opportunity?

We have been generously funded by the Violence Reduction Unit to deliver high-quality training to 28 young people's education settings, including Primary and Secondary schools and youth settings. This initiative consists of a series of training sessions totaling 15 hours of learning, free to your setting, delivered via a blended approach (online and in-person) to fit your busy timetable.

Our training programme has been specially designed to build staff capacity to identify and deal with the early signs of vulnerability and risk for young women and girls, which in turn has a positive effect on engagement at school and wellbeing. This training will complement the new Relationships and Sex Education compulsory curriculum to embed healthy relationships and gender equality messaging across your setting.

### Who are Tender and Ashiana?

Ashiana is led by Black and minoritised women and has 30 years' experience in advice, outreach, refuge and counselling for women and girls affected by, or are at risk of, gendered violence. Ashiana brings expertise in intersectional approaches, recognising that Black and minoritised women and girls' needs and safety cannot be disentangled without an understanding of racism and cultural competency.

**Ashiana Network:** <https://www.ashiana.org.uk/>

Tender is an expert in the prevention of gender-based violence with young people and the use of gender-informed practice to increase the safety of girls and young women in schools and youth settings. Tender has been engaging young people in healthy relationships education since 2003, with their expertise informing the 2020 curriculum for Relationships, Sex and Health Education. Their interactive, drama-based sessions empower students with the skills and confidence to build positive, respectful relationships with others, and to consider their attitudes and behaviour in a safe, age-appropriate way.

**Tender Education and Arts:** <https://tender.org.uk/>

As partner organisations, Tender and Ashiana have worked together for over 9 years delivering work in education settings across London. Our unique specialisms put us at the forefront of relationships education in London and we are now excited to bring that knowledge to education setting staff through this initiative.

## What will be covered?

Participants will engage in 15 hours of training delivered in partnership with the two organisations, each drawing on specialisms to ensure that your staff are trained to a high level. Throughout the training sessions, there will be an emphasis on intersectional approaches to the issues.

Our core aims are to equip your staff with:

- Improved knowledge of domestic abuse, sexual violence and how these issues impact on young people
- Increased confidence to tackle and respond effectively to attitudes which condone unhealthy or abusive behaviour
- Practical tools for promoting healthy relationships, empathy and equality throughout the school environment, including material to raise awareness of online harms
- Feeling equipped to safeguard and support young people who may be at risk of, or experiencing, unhealthy behaviour within their peer relationships or from adults

## How will it work?

We will assign a key contact to you for the duration of the project who is experienced in organising staff training for education settings. They will support you in finding the best timings to suit your timetables and will manage staff booking, training logistics and follow up resources.

Our training sessions will be delivered by highly knowledgeable and experienced (OCN Level 3-accredited or equivalent) trainers via a blended approach. We will work with you to establish where online and in-person trainings will suit your needs with the skills and ability to deliver via Zoom, Microsoft Teams and in a variety of physical spaces.

## How do we sign up?

Please email us at [training@tender.org.uk](mailto:training@tender.org.uk) to register your interest.

*“The training was so helpful, especially the conversations. I’ve worked with Tender before and they are always so professional, kind and non-judgmental and it feels very comfortable to discuss ideas, thoughts without feeling embarrassed, even over Zoom!”*