

Sexual Health Enfield

One - day Relationship and Sex Education (RSE) Training

On 10th May, we will be delivering another day of Relationship and Education (RSE) training. This free course will take place at Enfield Civic Centre, 09:30am – 16:00pm. If you are a new staff member working with young people (secondary school age) or an existing staff member who needs a refresher then this one-day training is for you!



The course is designed to help practitioners and teachers to talk more confidently and knowledgeably about healthy relationships, contraception, STI's and consent with young people. It also aims to provide tools and resources to support young people in making informed relationship and sexual health choices.

To book a place, please click [here](#). Places are limited so book as soon as possible.

National HIV Testing Week



Monday 6th February 2023 saw the start of National HIV Testing week where the strapline for this year was 'I Test'. To mark the event, Public Health in partnership with our LGBTQ+ Staff Network and Positive East supported the campaign by encouraging people to get tested at a mobile testing van located in Enfield Town on Tuesday 7th February.

On the day, 13 people were tested with 6 being first time testers. 90% of testers were unaware of [PrEP/PEP/undetectable=untransmittable \(U=U\)](#) and were mostly from a non-English speaking background. By having testers who were able to communicate in different languages, Positive East were able to ensure that these individuals were reached too and all of whom, as a result tested. All those that interacted with the mobile testing unit took resources and condoms which is great news! Thank you to everyone who was involved and made the event a success.

Young People's RSE Poll 2022

Between 2 and 13 December 2022 a survey of 1,002 young people aged 16-17 in England was commissioned by the Sex Education Forum and carried out by Censuswide. Results from the poll showed that only 40% of young people rate the quality of RSE in schools as 'good' or 'very good'



Key findings include:

- Topics that are often missed from the curriculum including pornography, LGBTQ+ relevant information, power imbalances and healthy relationships.
- Respondents were split about whether enough time was dedicated to RSE in school, with 37% agreeing schools offered enough hours of RSE and 38% disagreeing.
- Over a third (35%) of young people said they wanted more open discussion of issues.

To download the full report and poster infographic, please click [here](#).

Reference: Sex Education Forum email 06/03/2023

Sexual Health Services in Enfield



We are pleased to announce that one of our clinic sites (Silverpoint) will be moving to an exciting new venue in Enfield. The location and move date of this new clinic will be publicised soon therefore for the time being all clinic sessions including 4YP clinics will operate from The Town Clinic in Burleigh Way. To book an appointment for sexual health and/or contraception please call the booking line on 020 8887 4510, Monday to Friday: 8am – 4pm. For same day appointments please call between 8am and 9am as slots are limited.

For more information visit the Echo Clinics website by clicking [here](#).

National Unplanned Pregnancy Advisory Service

Supporting young people around pregnancy options is an important part of RSE conversations. If a young person has become pregnant unexpectedly, they can speak to Nupas for advice and support. Nupas



provide free pregnancy advice, counselling and abortion services including pregnancy testing, STI screening and contraception across London including those living in Enfield.

For unplanned pregnancy help visit the [Nupas website](#).

For resources to support conversations with young people, including posters and booklets, please click [here](#).