# **Early Help Service Support for Families**



Striving for excellence





### What is the Early Help Family Service??

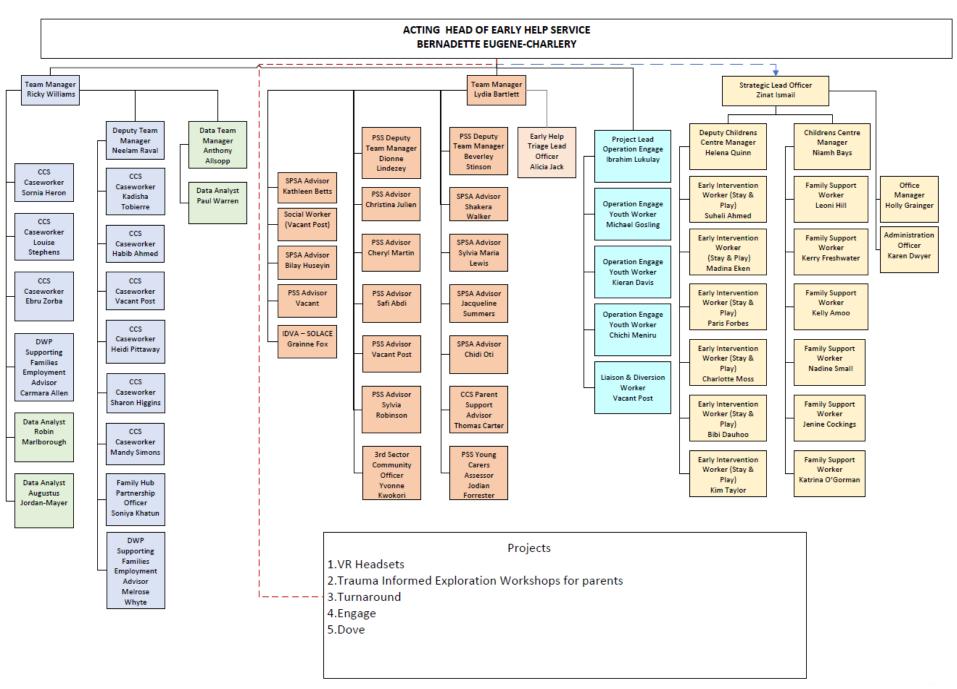
The Early Help Family Service is made up of two main services:

- Early Help Service
- Children's Centre.

We aim to support families where concerns have been highlighted by other professionals or they can self-refer.

We then seek to offer the family direct support or determine which other services in the borough can help them to make changes.





### **Early Help Triage Service**

There is a triage process with a dedicated Early Help Triage lead officer to oversee all Early Help referrals. A daily duty system is in place to focus on Early Help and prevention.

### This enables us to provide:

- joined up service provision;
- holistic services for families;
- less duplication or gaps in provision;
- a smooth transition between services



### **Early Help Triage Service**

- Every case that is referred for Early Help has to come via the Children Portal or The weekly transfer panel
- Each referral is screened by an Early Help Triage Worker and authorised by the Manager.

The outcome of any screening completed with a family is to offer one or more of the following options:

- Advice and guidance
- Referrals to specialist agencies
- Signposting
- Parenting programme
- Direct work with the family



### **Transfer Panel**

- All cases stepped down to Early Help have to be agreed by the Early help team managers
- Once the case has been accepted by Early Help a handover meeting is arranged by the Social Worker in consultation with the allocated Early Help worker.
- Following the stepdown meeting, and with consent from the family to work with Early Help, the case will then be closed to Children's Social Care.
- If consent is not gained at the step down meeting Early Help are unable to accept the case and will inform the allocated Social Worker.



# **Step Up to Children Services**

- Early Help will step cases up to Social Care when there are safeguarding issues/concerns raised for families.
- Caeworkers will discuss any potential step up's with their line manager and a call is made to MASH to discuss the case
- Cases will be closed to Early Help once MASH decision is made.



### What do Early help Do??

#### What we do:

We offer a intensive period of intervention with families, for up to 12 sessions. We listen, support and advise by offering parenting strategies, programmes and intensive 1-1 intervention with the whole family. As a universal service, we accept self referrals from families.

#### We can:

- Support families to prevent family breakdown
- Support with concerns around education, health and family relationships
- Offer advice around chastisement, curfews, challenging behaviours and boundary setting.
- School Links
- Offer advice around communicating with children and young people, e.g. healthy relationships, substance misuse.
- We run sessions using VR headsets focusing on exploitation
- 2 DWP collocated Employment advisers to support families return to work and/or training
- Deliver Domestic Abuse/Violence, TAF and Reducing Parental Conflict training
- Independent Domestic Violence Advisor (IDVA) to work along side the Early Help Case
   Workers to support families who experience domestic abuse.

  ENFIELE

## **Supporting Families Programme**

Change and Challenge is part of the Troubled Families programme that is funded by Payment by result (PBR) claims from the Ministries of Health Communities and Local Government (MHCLG) with the increased emphasis on earlier intervention to support vulnerable families identified as meeting the Troubled Families criteria's.

#### **Troubled Families criteria's**

- 1 Crime and ASB
- 2 Children not attending school regularly
- 3 Children who need help
- 4 Domestic Violence and Abuse issues
- 5 Worklessness or at risk of financial exclusion
- 6 Health issues.



### **Enfield Children's Centre**

Enfield Children's Centre (ECC) is a service for parents in the borough, who are pregnant or have children aged 0-4 years of age.

ECC works alongside partner agencies to support families to achieve the best outcomes possible, using both a targeted and universal approach.

- Family Support work includes direct work with families for approximately 12 weeks, normally working within the family home or at one of the ECC sites.
- Family Support surgeries also take place at sites to support families with signposting, referrals and practical advice around parenting, from day to day concerns, to more intensive needs.
- The Family Star + is used to ensure a robust assessment of need is undertaken.
- ECC is based in the community and staff work closely with the Health Visiting Team, Midwifery, EPIP, IAPT, CAB, Speech and Language, Social Care and Early Years education providers.
- We offer two parenting programmes: Being a Parent and First Time Parents, as well as "HENRY Starting Solids" workshops.
- All Children attending Stay & Play sessions and those on the caseload, undergo a Play and Communication screening tool to assess Language and Communication needs.
   Those identified with a need are then supported through a range of intervention groups run by both ECC and SALT staff.

# **DWP – Employment advisors**

- Interview Preparation
- CV writing
- First day at work preparation and on-going support
- Back to work calculation to help manage a family budgets
- Links to employers
- Support with Self Employment
- Benefit entitlements
- Help to build confidence for job readiness
- Access to job vacancies and help to find a job
- Essential checks for payment by results
- Offer support to other Children services



### Safe Lives. Strong Futures – IDVA – Grainne Fox

Solace is the leading
London Violence
Against Women and
Girls organisation. We
support around 27,000
women and children
each year across our
wide range of specialist
support services.

Solace rape crisis therapeutic services Solace Solace solace for young Solace training

people



# **Operation Engage**

- Operation Engage places outreach youth workers in Wood Green custody suite who provide support
- Joint project with Haringey
- Signposting and mentoring to young people who come into custody at a time when they are most inclined to receiving support.
- The project supported 193 young people in 2021/22.



# **Turnaround Programme**

- Turnaround is a new funded programme by the Youth Justice Board
- Enfield 3year funding totalling £235,603
- Aims
- Criteria for the programme
- One Assessment a strength-based assessment that considers the needs of the child and their family.
- One Plan a plan with evidence-based interventions, developed with the views of the child and their parents or care givers.
- One Lead Practitioner, within or alongside the YOT, is assigned to support the child and is recognised by the family and other professionals involved with the casework.



# **Project Dove**

- The aims of this pilot and the social prescribing model for VR includes:
- Improving the lives of young people, their families and their community in Enfield;
- Reducing the burden of cases going to A&Es
- Increased awareness of violence reduction (VR) with a focus on serious youth violence in Enfield;
- Increasing the identification of those at risk of violence from healthcare professionals or other colleagues;
- Implementing the pathway through effective engagement, personalised care planning with team working and information sharing.



# **Social Prescribing Caseworker Role**

#### Role:

- Supporting children and young people identified at risk or impacted by serious youth violence
- Direct Casework
- Referrals / signposting to community based services
- Connecting with partnering agencies
  - Schools / Pupil referral units / Youth clubs / Youth alive

#### Sole case holding Vs Joint working

- Whole family working
- Working solely with young person at risk



# **Early Help Digital Brochure**

- Early Help Digital brochure is to capture the third sector provisions to enable all external stakeholders communities, partner agencies, private sector bodies, public agencies, voluntary bodies and statutory agencies, as well as service users (families, children and adults) to have an overarching view of all Early Help services available in the borough.
- The brochure will help users access relevant services, improve access to a wider range of services offers and encourage self-help and better engagement with the local community.
- Please take a look at these three (3) pages on this link: <a href="http://159.65.63.169/">http://159.65.63.169/</a>



# Questions?

