

Sexual Health Enfield

Terrence Higgins Trust - Update

Terrence Higgins Trust continues to work across London boroughs to fight against HIV and improve the nation's sexual health. They strive for a future where there are zero new cases of HIV by 2030, people living with HIV get the support they need, and sexual and reproductive health is the priority it deserves to be.



A new Health Promotion Specialist for Enfield started in May – we are aiming to increase our coverage of the borough and boost the engagement of first-time testers, young people, commercial sex workers, and racially minoritised communities. We continue to be in a number of successful partnerships with venues across Enfield, including schools and colleges, public libraries, leisure centres, and youth groups. In April, we were delighted to partner with two new venues - the Enfield Foyer and Deborah Tempest House - where we will be supporting the residents by providing a variety of outreach sessions and HIV point-of-care testing (POCT).

In addition to HIV POCT, we also offer condom distribution, C-card registration, and sexual health workshops across Enfield. Our team is always open to new collaborations – if you believe your organisation would benefit from sexual health outreach and HIV testing, please email us at info.enfield@tht.or.uk.

If you have any questions about our work in Enfield or would like some additional advice, you can contact our Enfield Health Promotion Specialist directly by emailing info.enfield@tht.or.uk or calling 0734 294 9172.

FREE Home Testing Service



Sexual Health London (SHL) is a discreet sexual health service available in Enfield which enables anyone 16 years and over to order a free STI testing kit. It's simple and easy to order a kit, you just need to complete an online consultation and one will be sent out to the address you provided (it must be an address within London). Once the kit is received follow the instructions post it back and get results via text message or email.

For more information, visit the SHL [website](#).

Sexual Health Week 2023

Sexual Health Week 2023 will run from 11-17 September which will focus on the theme of Playing It Safe! Through the week, Brook will be shouting louder than ever to evidence the positive impact of RSE, promoting consent and pleasure as key components of safer sex, and celebrating experts across the sector who work tirelessly to keep people safe from harm.

Find out more about [SHW 2023](#) and get involved on their website!



Reference: Brook June Newsletter 30/06/2023

Brook's Big RSE Lesson



To celebrate the theme of Playing It Safe during Sexual Health Week 2023, Brook will be broadcasting this free 60-minute live RSE lesson on 13th September at 10am. It is aimed at students in year 9 and above, empowering them to understand and challenge gender stereotypes.

Share with your contacts and tune in with your class or assembly.

Register for free [here](#).

Reference: Brook June Newsletter 30/06/2023

Enfield Pride Celebration

Enfield held its second annual Pride event on Saturday 10th of June. Whilst Pride events happen around the country at different times the beginning of June is the traditional anniversary of the Stonewall Riots widely seen as the birth of the LGBT equality movement.



Tim, from the Enfield LGBT Network said:

The day was well attended with many stalls and acts throughout the afternoon, my favourite was the tribute Steps act even if a little after my time!

Ten young people from Proud Enfield (our youth group) helped me staff the stall and were very keen to give any teenager one of their leaflets. It was good to witness their enthusiasm. I recall vividly how difficult it was growing up feeling I was the only gay in the village.

We spent the afternoon cutting, folding and pinning rainbow ribbons that we gave away as fast as we could make them. All in all, it was a great afternoon enjoyed by all that attended.