

**PRIVATE AND CONFIDENTIAL**

Date: 11<sup>th</sup> September 2023

FAO of all Headteachers, Deputy Headteachers, SENCOs, Safeguarding Leads, Pastoral Leads, Mental Health Leads

**Mental Health Support Teams Expansion Education Setting Expression of Interest 2023**

Dear Colleagues,

The aim of this communication is to invite expressions of interest from educational settings to be involved in the expansion of Enfield's MHST. This is an invitation for schools that are not currently part of the MHST programme.

**Background**

Enfield's Mental Health Support Teams (MHSTs) launched in October 2019 and they are a collaborative project across the North Central London Clinical Commissioning Group (Enfield), Barnet Enfield and Haringey Mental Health Trust's CAMHS and Enfield Council's Educational Psychology Service.

The MHSTs are a major expansion in the children and young people's mental health workforce and Education Mental Health Practitioners (EMHPs) represent the majority of the MHST workforce.

Enfield currently has the equivalent of three MHSTs and the team is known locally as '*My Young Mind Enfield.*' They are currently funded to reach approximately 47 educational settings and are part of the broader offer of support in schools and work in partnership with partner services to complement the 'team around the school' or 'team around the child/young person and family'.

MHSTs are commissioned to deliver three core functions:

1. Deliver evidence-based interventions for mild to moderate mental health and emotional wellbeing needs
2. Support senior mental health leads in education settings to develop and introduce their whole-school or whole college approach to mental health and emotional wellbeing
3. Providing timely advice to staff and liaising with external specialist services so that children and young people can get the right support and remain in education.

***In case of emergency outside of normal office hours please contact your GP or the 24/7 Crisis Line for Children/Young People & Families on 0800 151 0023, or attend your local A&E.***

## **My Young Mind Enfield (MYME), also known as Mental Health Support Team in Schools (MHST) - Expansion**

We are delighted to announce that Enfield has received funding for another education and mental health practitioner (EMHP) trainee and is also increasing its team of qualified EMHPs in January. This means that we will be able to expand our offer to more schools.

We are now in the process of identifying NEW education settings who are interested in being an education placement setting and host an EMHP in their training year, and work with our team of EMHPs. **[This is for schools that are not currently part of the MHST programme].**

The trainee education placement settings will provide the EMHPs the opportunity to meet their course requirements. This will involve delivering a range of evidenced- based group and individual interventions to children and young people with mild- moderate mental health needs and/or their parents and carers.

We are ideally seeking expressions of interest from about 12-14 education settings at this stage.

Please submit your EOIs by **Friday 29<sup>th</sup> September**.

We appreciate the challenging timescales, however, please review the commitment required and indicate if your education setting is able and interested in participating.

Criteria will be applied to support selection if required. (Ofsted rating will NOT be a determining factor). Factors that may be considered include vulnerability, diversity and deprivation, and referrals to CAMHS. All education settings will be notified once all EOIs have been reviewed.

**The link to the expression of interest form is [here](#):**

Please forward any questions/queries to Dr Chantell Douglas - chantell.douglas@nhs.net

Yours sincerely,

Dr Chantell Douglas  
Clinical Psychologist, Clinical Lead for Enfield CAMHS MHST / My Young Mind Enfield

Sent on behalf of Enfield's MHST Implementation Group.

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