

Get the health care you need

A new campaign has been launched to help local families in north London to get the health care they need this winter.

The '**Your Local Health Team**' campaign aims to help everyone find out how to get the right care in the right place – whether that's via your GP practice, high street pharmacy, or by using the NHS App or 111.

You can find lots of useful information about how to keep yourself and your family well at: nclhealthandcare.org.uk/localhealth

This includes details of the range of health care professionals available in GP practices, tips for staying well, ways to contact your GP and get vaccinations, using the NHS App, and what help on offer from local pharmacies.

You can watch short films featuring a local GP and a pharmacist to find out more.

The campaign is being coordinated by the North Central London Care System which brings together local councils, NHS trusts, and voluntary organisations across Barnet, Camden, Enfield, Haringey and Islington.

North Central London
Health and Care
Integrated Care System

NHS

Access care
in three
ways: phone,
in person,
online.

YOUR LOCAL
HEALTH TEAM

Hayley
GP