

Please reply to: Dudu Sher-Arami

E-mail: dudu.sher-arami@enfield.gov.uk

Phone: 020 8132 0494

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Dear Headteacher

Enfield Council have launched a Local Area for Enfield on the ground breaking website 'Health for Kids'.

www.healthforkids.co.uk/enfield

Developed with the help of primary-school aged children, the unique website has been created especially for children to learn about staying healthy and looking after their health.

The website features a diverse range of health topics from bullying to brushing teeth, allergies to bereavement. Children can learn more about these topics through the games, videos, and interactive content available on the website. The content has been written and overseen by experts from across NHS services including school nursing, health improvement, dietetics, paediatricians and mental health.


The Kids section of Health for Kids is presented through four themed worlds for children to explore - Staying Healthy, Feelings, Illness, and Getting help. Each 'world' presents health advice through fun facts, quizzes, games or film.

On the Grown-ups section of Health for Kids, parents/carers and teachers can find advice about supporting children on healthy bodies, healthy minds, health issues and getting help. We will be keeping Enfield's local section up to date with local information, news and support services.

I would encourage you to share the Health for Kids leaflet with parents, so they are aware of this exciting new development for children, young people and families in Enfield.

Tony Theodoulou
Executive Director People
Enfield Council
Civic Centre, Silver Street
Enfield EN1 3XY

www.enfield.gov.uk

 If you need this document in another language or format contact the service using the details above.

I would also encourage your teachers to use the website in relevant lessons.

Thank you for helping us to promote healthy outcomes for all our children.

Yours faithfully

A handwritten signature in cursive script that reads "Dudu Sher-Arami".

Dudu Sher-Arami
Director of Public Health
Enfield Council