

# How to Register



1

Go to: [www.strengthening-families.net/reducing-parental-conflict/](http://www.strengthening-families.net/reducing-parental-conflict/)



2

Select a course, either **Parenting Together** or **Parenting Apart**



3

Select a day of the week and time for your **group discussion** from the options available



4

Complete your contact details



5

Answer a short questionnaire



6

Click on 'Your profile' and you can start your course