## **TOGETHERNESS**

## Understanding your child with additional needs

An online learning pathway to support emotional health and help you and your child thrive

· Understand more about childhood brain development

 Reflect on differences related to neurodivergence, disability or other additional considerations

Find ideas for helping your child with emotional regulation

- Build confidence in reading behaviour
- Reflect on ways to look after your own wellbeing

togetherness.co.uk/enfield

Residents of **ENFIELD** 











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