

Dear Parent/Guardian,

The school swimming programme aim is to promote learning to swim and gain water confidence without the use of goggles. Pupils are actively discouraged from wearing goggles for the following reasons:

- If worn/tightened/used incorrectly goggles can cause eye injuries.
- Cleaning/emptying water out of/adjusting goggles distracts the pupil from instruction and disrupts the lesson.
- Pupil's visibility is impaired through steamed and misted goggles.

If you wish for your child to wear goggles within school swimming lessons you must ensure your child has the correct type goggles and return the below permission slip to your child's school.

Correct Goggles

- No diving masks, play goggles or goggles that block airways.
- Goggles must be purchased from an approved manufacturer meeting the BS 5883:1996 British Standards.
- Please ensure the pupil knows how to wear and adjust their goggles properly.

Correct



Incorrect



**Permission for use of Swimming Goggles for School Swimming Lessons**

Childs Name \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Parent Guardian Signature \_\_\_\_\_

Date: \_\_\_\_\_