

Please reply to: Dudu Sher-Arami

Parent / Guardian

Email: dudu.sher-arami@enfield.gov.uk

Phone:

Textphone:

Fax:

My Ref: DSA/da/2026.01.22

Your Ref:

Date: 22nd January 2026

Dear Parent / Guardian

Re: Outbreak of measles in a school in London Borough of Enfield

We have been informed of an outbreak of measles in a school in Enfield which has resulted in a small number of children requiring hospitalisation. This means that if your child (or you as an adult) are not fully vaccinated against measles with 2 doses of the measles, mumps and rubella (MMR) vaccine, then you are at risk of developing measles (unless you have had measles in the past).

This letter provides information about what you should do to protect your health and others around you.

What should you do now?


1. Read the information about signs and symptoms of measles

Measles is an infection that spreads very easily. It can occur suddenly, and people can become unwell quickly. Please visit NHS website to learn more about the symptoms of measles, how it spreads and about vaccination against measles www.nhs.uk/conditions/measles

Measles can make children and adults very unwell and is especially harmful for those who are unimmunised and are pregnant or have weakened immune systems.

Tony Theodoulou
Executive Director – People
Enfield Council
Civic Centre, Silver Street
Enfield EN1 3XY

www.enfield.gov.uk

 If you need this document in another language or format contact the service using the details above.

2. Make sure you know whether you and your children have had MMR vaccination (see below)

Contact your GP to review vaccination records and arrange vaccination as appropriate.

3. If you / your child have not (or are unsure) whether you've been vaccinated, book a vaccination through your GP or School Aged Vaccination Provider [Catch-up clinics | Enfield](#)

4. If you think your child may have measles please inform your child's nursery or school. You can speak to your GP or NHS 111 if you or your child becomes unwell with a high temperature with a cough, runny nose, sore red eyes or rash.

Measles is very infectious, if your child is identified as being a close contact of a person with measles and they are unvaccinated they may be excluded from school for 21 days (following national guidelines).

Please see further information on benefits of [MMR](#) Vaccination

Yours faithfully



Dudu Sher-Arami
Director of Public Health