

North Middlesex Hospital  
0-19 In the Community  
School Nursing  
A Block – Civic Centre  
Silver Street  
Enfield EN1 3ES

Single Point of Access: 0203 988 7300

Dear Head teacher,

**Subject: Implementation of Benedict's Law and Anaphylaxis Training for Schools**

We are writing to inform you that **Benedict's Law** will become a new statutory and mandatory legal requirement for schools in England from September 2026, and to outline the support available to schools from the School Nursing Service in relation to anaphylaxis awareness and management.

**Benedict's Law** has been introduced to strengthen the protection of children and young people with allergies, particularly those at risk of anaphylaxis, within the education settings. The law emphasises the responsibility of schools to have effective systems in place to **prevent, recognise, and respond to allergic reactions**, including ensuring that staff are appropriately trained, there are clear individual care plans in place, child to have his/her own Auto-Injector in school and schools to have a supply of spare Auto-Injectors by September 2026.

The aim of the law is to improve consistency, preparedness, and safety for pupils with allergies across all schools.

As part of our service offer, the Enfield School Nursing Team will support schools by providing anaphylaxis training to reinforce knowledge, support practical skills, provide an opportunity for questions and discussion, and will cover:

- Recognition of signs and symptoms of anaphylaxis
- Immediate response and emergency actions
- Safe use of adrenaline auto-injectors
- Roles and responsibilities of school staff

Our training is offered in the following ways:

- **Online training** offered throughout the academic year with dates provided in advance at the beginning of the academic year, to facilitate pre-planning.
- **One face-to-face training session annually**, if requested by school. This face-to-face training session can include asthma, anaphylaxis and epilepsy (minimum 1 ½ hrs at 30 minutes per topic). The medical conditions (offered above) to be covered in the training session will be determined by the school. Only **ONE** face-to-face session can be provided per school per year.



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We strongly encourage schools to ensure that relevant staff complete the online training and attend the annual face-to-face session before September 2026, as such we have added additional online anaphylaxis training sessions.

The next on-line training will be:

21<sup>st</sup> April at 11:00 and 15:45

12<sup>th</sup> May at 15:45

3<sup>rd</sup> June at 12:30 and 14:30

9<sup>th</sup> July at 11:00, 12:30 and 15:45

The sessions are roughly 30 minutes, (may be slightly longer depending on staff interaction/questions). The link will be shared with schools closer to the time.

If you would like to have a face-to-face session please could you email [rf-tr.cedarsn@nhs.net](mailto:rf-tr.cedarsn@nhs.net)

If you have any questions or would like to discuss your school's training requirements, please do not hesitate to contact the School Nursing Team.

Thank you for your continued commitment to the health, safety, and wellbeing of your pupils.

Yours sincerely,

**Caroline O'Brien**

***Clinical Lead- School Nursing (0-19 Service)***

**0-19 Community Service North Middlesex Hospital**

**Royal Free London NHS Foundation Trust**

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